

## Ottawa Area Dressage Group

www.ottawadressage.ca





OADG is a chapter of CADORA Inc.

OADG is a Dressage Canada affiliated riding club.

#### Summer 2017

Show season may be over, but your OADG community has some fun stuff coming up this autumn... the Awards Banquet, of course; plus the Freestyle 101 clinic in November. And for anyone who attended the Dressage Symposium and/or the Carl Hester clinic in Palgrave, we'd love to print an article in the Spring newsletter about what you learned!

#### In this issue

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Awards Banquet! Hope to see you there! The fun of competing two (2!) horses at one show Show Schedule / Contact your directors

#### Message from the President

Did you notice that our OADG logo has changed recently with the addition of 'Since 1968' underneath? That means next year we will celebrate 50 years as a club! Your Board of Directors has been busy planning some special things for 2018. More details will be released at the start of the year, with a little bit of news unveiled at the upcoming banquet. (Planning on going? Get your tickets soon!)

Aside from this exciting news, I have three other items for you:

- Our 2017 Annual General Meeting is planned for Sunday, December 3 • at 1 p.m. The agenda and venue will be announced later via our website & Facebook page. The meeting is open to all members.
- "Just Say Yes". This is my advice to those of you who say things like • "I really should volunteer to help out, but...". Let me help you with your angst and advise that you Just Say Yes. The Board will shortly have 3 vacant Director positions. We cannot operate effectively without a full complement on the Board and now is the chance to pitch in, help out and shape the OADG. We really need enthusiastic volunteers to step forward and join us. Some positions are a light workload, some a little more; you'll have lots of help and advice. All are fun and you don't have to do it forever! Election of the 2018 Board takes place at the 2017 AGM mentioned above. Contact me directly for more information.
- Amateur historian(s) needed. We are looking to put together stories • and memories of past years of the OADG. One person is needed to help us gather and put together all the information. If you want to be that person, please get in touch with me. If you have bits of information that we can use ... photos, memories, stories ... collect it all up. We'll be asking for them in the New Year.

See you at the Banquet...

**Catherine Maguire, OADG President** president@ottawadressage.ca



Thank you to our sponsors for the Eastern Ontario Silver Dressage Championships, held on Sunday Sept. 10, 2017.

CADORA ONT, <u>www.cadora.ca</u>; Don Barnes, President

Apple Saddlery, Innes Road, <u>www.applesaddlery.com</u>, 613-744-4040

**TwinPines Equestrian Centre**, Christine Windover and Frank Duguay, <u>www.twinpines.ca</u>; 613-821-0234.

**Oakhurst Farm**, <u>www.oakhurstfarm.ca</u>; Joan Allum and Mark and Ruth Nelson.

Encore Equestrian Tack and Apparel, <u>www.encoreequestrian.com</u>; 613-Tack (8225)

Mrs. Barbara O'Grady, Addison, Ontario.

**StoneMeadows Inc.**, Robin and Jon Brent, <u>www.stonemeadowstable.com</u>; 613-295-9147.

**Greenhawk Harness & Equestrian Supplies**, <u>www.greenhawk.net</u>; 1-800-268-0484; Slack Rd. location 613-225-9900.

**Ottawa Area Dressage Group**, <u>www.ottawadressage.ca</u>; Catherine Maguire, President.

Schleese Saddlery Service Ltd., <u>www.schleese.com</u>; 1-800-225-2242.

Intercity Insurance Services, <u>www.intercityinsurance.com</u>; 1-888-394-3330.

Henry Equestrian Insurance Brokers Ltd., www.hep.ca; 1-800-36-36-HEP.

**Cheryl Denault**, Photography and RODAN & FIELDS, 613-668-5977.

Kate's Kreations, Kate Sim, Kemptville, 613-285-4318.

**Graystone Equestrian Centre**, Kerstin Blaeske and Ken Laframboise, <u>kblaeske@sympatico.ca</u>; 613-256-7887

Starlit Farm, starlitfarm@gmail.com



#### Message from our Awards Director

The show season has finally come to a close and with that I am busy finalizing scores for tabulation. Of particular note for the ESD/Schooling circuit: I never received the results from the Elmcrest show therefore if anyone rode in this show please advise me as soon as possible. There are number of riders who are missing one qualifying score and that score just might be from Elmcrest. Please verify the results and let me know of any corrections.

Reminder: you must have competed in a minimum of 3 shows (two different locations) in order for qualifying scores to count towards awards. Silver can have 1 external qualifying score and Gold can have 2 qualifying scores submitted.

Qualifying Score: the highest test score you receive for the level(s) you competed in at a show.

For special awards - your top three qualifying scores are calculated: PeeWee, Senior, Young Horse.

Over the past month I have been rounding up the trophies from last years winner's. There only 2 that are still outstanding as of writing this. One of those is MIA I do hope is returned in time for the banquet. I also want to personally thank everyone who helped in the coordination of the trophies: Carolyn Rathwell, Joan Allum, Robin-Lynn Brent, Shirley Guertin and the Eastern Silver Championships.

It has been interesting watching the scores come in. Of particular note is the Gold Training AA - 7 riders had 3 accumulative scores over 200! These riders all had scores over 65% and had one or more score over 70%. That is amazing!

Looking forward to seeing you all at the banquet. Caroline Peck, Awards Director awards@ottawadressage.ca

## Save the date – Awards Banquet

This year, the OADG Awards Banquet will be held on Saturday, November 25, 2017.

Please order your tickets by Wednesday, November 15.

Same location as last year: Tudor Hall on Bowesville Road (off Riverside Drive near Hunt Club).

All the details are provided in the following pages.

### **Cadora-Ontario Annual General Meeting and Awards Luncheon**

12:00 pm (noon), Sunday, November 19, 2017 \$30/person

Carlisle Golf and Country Club, 523 Carlisle Road, Carlisle, Ontario

Guest speaker: Vicki Winter, DC Dressage Committee Chair

Please note that OADG board members will be at the AGM and luncheon. If you have won an award but can't attend the event, your OADG representatives are happy to transport the award back for you.

Note: Payment to be received no later than Friday, Nov. 10; contact Don Barnes at dressagegames@aol.com



## OTTAWA AREA DRESSAGE GROUP ANNUAL AWARDS BANQUET

- When: Saturday, November 25, 2017 Cocktails: 5:30 p.m. (cash bar) Dinner: 6:30 p.m. (cash bar)
- Where: Tudor Hall 3750 North Bowesville Road, (near Riverside and Uplands), Ottawa, Ontario K1V 1B8

#### Tickets: \$50 (adult) and \$30 (children 10 and under) Payable by cash / cheque / E-Transfer

OADG c/o Heather Kelly, 2013 Saunderson Dr, Ottawa, ON K1G 2E3

OR E-transfer please contact: Heather Kelly (<u>banquet@ottawadressage.ca</u>) or 613-795-7997 to make arrangement

Please note: TICKETS MUST BE PURCHASED NO LATER THAN NOV. 15, 2017 (Drinks are not included in ticket price. Cash bar is available at the event)

If you have special needs (food allergies or handicap accessibility), please contact the Banquet Director to discuss requirements.



Click here for map



## **OTTAWA AREA DRESSAGE GROUP**

OADG AWARDS BANQUET Saturday, November 25, 2017

#### TICKET ORDER FORM

All tickets must be ordered and payment received by one of the OADG Directors by the end of the day on **WEDNESDAY**, **NOVEMBER 15**, **2017**.

All tickets will be available for pick-up at the door only. Tickets will not be mailed. Tickets will not be available for purchase after **WEDNESDAY**, **NOV. 15, 2017**.

For more information or if you have special needs (food allergies or handicap accessibility), please contact the Banquet Director to discuss your requirements.

Heather Kelly (Banquet Director) 613-795-7997 -- <u>banquet@ottawadressage.ca</u>

LAST NAME:	FIRST	FIRST NAME:	
ADDRESS:			
CITY:	PROVINCE:	POSTAL CODE:	
HOME PHONE:	BUSINESS PHONE:		

EMAIL ADDRESS:

	Price per ticket	Number of tickets	Total cost
Adult tickets	\$50.00		
Children tickets (10 and under)	\$30.00		
Total cost	********	*******	

(Drinks are not included in ticket price. Cash bar is available at the event)

Table reservation name:

(Only **ONE** member of your party should reserve a table with the form on the reverse, all others only need to register the table name on this form).

Send ticket order form and cheque made payable to O.A.D.G. to: OADG Banquet c/o Heather Kelly 2013 Saunderson Drive Ottawa, ON K1G 2E3

(hand-deliver to one of the OADG Directors by November 15, 2017) OR NEW \*\*\*MAKE PAYMENT BY E-TRANSFER – Contact Heather Kelly at <u>banquet@ottawadressage.ca</u>



## OTTAWA AREA DRESSAGE GROUP

OADG AWARDS BANQUET Saturday, November 25, 2017

#### TABLE RESERVATION FORM

Note that **ONLY ONE** person in your party needs to register a table. All other people in your party should indicate on the ticket order form which table they wish to be seated at.

A table reservation does not guarantee tickets. Tickets must be purchased separately in advance. (See ticket order form for purchasing deadline).

There are eight (8) people to each table. Ten (10) can be accommodated by special request, please send an email to: <u>banquet@ottawadressage.ca</u>

Table reservation name #1: (stable/person):	
1:	
2:	
3:	
4:	
5:	
6:	
7:	
8:	

Table reservation nam	#2: (stable/person):	
1:		
2:		
3:		
4:		
5:		
6:		
7:		
8:		

Send table reservation form to:

OADG Banquet c/o Heather Kelly 2013 Saunderson Drive Ottawa, ON K1G 2E3 banquet@ottawadressage.ca



## Dressage in Edmonton, Alberta

#### Diane Forbes, ex- (still, and future?) OADG Member

Last autumn, after 10 years in Ottawa and six years as an Ottawa Area Dressage Group member, I moved back to the province where I first learned to ride - Alberta. And to my elation, the Dressage community is alive and well. In a province of cowboys, and Spruce Meadows it is great to see that my preferred discipline is thriving.

With the New Year came the need to renew my annual sport license, and having settled in Edmonton I joined the Edmonton Area Alberta Dressage Association (EAADA) Chapter. Shortly thereafter the Annual General Meeting was held, and I had my first opportunity to meet a collection of members who are enthusiastically promoting Dressage in the region. They were very welcoming and made my search for a barn much easier than if I had tried to make my way without any support.

In appreciation, I volunteered at three local regional shows, scribing at Amberlea Meadow's spring schooling and May shows and the supporting the show administrator in scoring the EAADA's Sparkle and Spurs show.

The Alberta Dressage Association (ADA) has six regional chapters and one dedicated to the development of Young Riders. And while the gold competitions are mostly divided between the Calgary (at Anderson Ranch) and Edmonton (at Amberlea Meadows) areas, the other regions host schooling, bronze and silver shows and actively support the development of competitively inclined dressage enthusiasts. There weren't any CDI this year, but the ADA's regions have hosted them in the past, and hopefully will return to doing so.

The spring schooling shows left me with a few notable observations. Riders here, particularly at the schooling shows, come out aboard all different types of horses. In addition to the representative Warmblood breeds there were Friesians, Standardbreds, Arabians, Quarter Horses, Morgans, Thoroughbreds, and ponies such as Connemara and Welsh in the ring. I think this diversity demonstrates a positive and welcoming attitude in the community, and hope it shows a growing interest. The second is that there are some terrific horses and skilled riders out on these vast prairies.

At the Sparkle and Spurs gold show, the warmblood sport horses were definitely on show, alongside a flashy Andalusian, but a Welsh pony won the Intermediare 1. There were also prix caprilli classes at 2 foot and 2 foot 6 and a test of choice class of western dressage each day. Popular with the riders and crowd, the addition of these classes is one way that the EAADA is working to build a growing community of dressage riders. Another is sponsorship of a series of roving lectures and clinics held at dressagefocused stables round the region. I've attended three events this summer and all were excellent. The first was a clinic by Jamie Irwin at High Thorn Equestrian Centre. The second was a saddle-fitting tutorial with Precision Saddle Fitting's Donna-Maria Bassett, who is one of only five Qualified Society of Master Saddlers UK registered Saddle Fitters in Canada, which opened the Sparkle and Spurs show along with a wine and cheese. The most recent was a conformation clinic at Meadowview Farm by Brad Kerbs, the chief Inspector from the American Trakehner Association, held alongside Olderberg and Trakehner inspections where there was also an opportunity to learn from the visiting inspector from German Oldenburg Verband.

These efforts are paying off. EAADA has over 115 members at last count and although I don't know exactly, there are similar numbers in the Calgary area. The gold shows in both areas have seen enough rider entries to support three days and three rings in



some instances. It is also great to see a wide representation of riders competing across the levels from walk/trot through the range of FEI young horse, USFDA tests to the most advanced FEI tests. We've seen some familiar judges faces and competitive scores to those out east. And I can't not recognize the generosity of the show sponsors in the Edmonton area, in terms of the prizes offered for raffles and recognition awards.

As we head into the fall the show season is winding down. Luckily the approaching cold weather can be avoided in any number of heated indoor arenas in the area. With so much equine activity in the province it is possible to find facilities in close proximity to the city, where you might be sharing space with the ropers, drivers and barrel racers. This is a improvement from when I was last here, when we generally were out of the saddle while the snow was on the ground.

I learned to ride 40 years ago as a member of the Red Deer regional pony club. Returning home I am glad to see that chapter still active and supported by parents who learned to ride through Pony Club as well. The kids are still learning strong horsemanship skills and being exposed to the diversity of disciplines included in threeday Eventing. Hopefully some will see past the thrill of galloping cross-country to see the advantage of a focus on the dressage component. All else being equal, it is often the first leg where the top final standings are established. That is exactly how I became drawn to dressage in my mid-teens and from which I built the foundation for my life long enjoyment of equestrian sport. A friend's 13 year-old daughter is looking at dressage presently so the connection is still being made and that makes me feel optimistic for the future.

I've been tracking my friends at Queenswood Stables and their escapades this summer via Fox Village and Facebook. They are doing great and I miss the camaraderie of the fantastic Dressage community in the Ottawa area that I have left. But I'm looking forward to next year, when I anticipate to get back into the ring myself. It is a big country but we are a relatively small community of Dressage enthusiasts. We are sure to see one another at various events in various locals. In the meantime, hands and heels down, ride onto the bit and good enjoy your riding.

### Freestyle 101: An OADG Educational Clinic (Sunday Nov. 5, 1-4pm)

A classroom seminar with video. This is a clinic for anyone wanting to learn the basics to ride to music either for pleasure or for show at the lower levels and wants help getting started.

The goal of this clinic is to give you the tools to get started on creating your own freestyle during the winter by riding to various types of music. Participants who need more help will be able to submit a description of their problem/s to the OADG Education Director. If enough need is generated, a follow-up clinic will be arranged in early spring 2018.

- OADG Members free with pre-registration.
- Non-OADG members: \$10 at the door with pre-registration.
- At the door without pre-registration if space: OADG Members: \$10; Non-OADG members \$20.

Equestrian Canada via Dressage Canada are providing a couple of door prizes and valuable support in the form of equipment and printing. CADORA-Ontario is also providing funding for OADG's 2018 50<sup>th</sup> anniversary initiatives of which the Freestyle 101 is the starting point for our upcoming year. Our sponsors, the OADG and special volunteers are helping to make this seminar possible.

To register, please contact Peggy McQuaid at education@ottawadressage.ca, and include your first and last names.

Peggy McQuaid, OADG Education Director





## WOULD YOU AND YOUR HORSE LIKE TO DANCE TO MUSIC?

THE OTTAWA AREA DRESSAGE GROUP

WILL PRESENT A

**FREESTYLE 101** 

#### A CLASSROOM SEMINAR WITH VIDEO

WHEN: NOVEMBER 5, 2017: From 1-4pm

, 1-4 pm WHERE: Community Hall, Pierces Corners

This is a clinic for anyone wanting to learn the basics to ride to music either for pleasure or for show at the lower levels and wants help getting started.

THE FOLLOWING IS A BRIEF SEMINAR OUTLINE:

- 1) Timing your horse
- 2) Choosing Music
- 3) Freestyle Choreography
- 4) Putting Everything Together
- 5) Competition.

The goal of this clinic is to give you the tools to get started on creating your own freestyle during the winter by riding to various types of music. Participants who need more help will be able to submit a description of their problem/s to the OADG Education Director. If enough need is generated, a follow-up clinic will be arranged in early spring 2018.

#### DOOR PRIZES & SNACKS

#### COST: OADG MEMBERS: FREE with PRE-REGISTRATION.

#### NON-OADG MEMBERS: \$10 at door WITH PRE-REGISTRATION

<u>TO REGISTER</u>: send email to <u>education@ottawadressage.ca</u> include your first and last name.

AT THE DOOR (if space): OADG MEMBERS \$10; NON-MEMBERS \$20

CASH ONLY



# **Two by Two:** A first-rate experience Kathryn Rowsome, OADG member

(Kathryn is an adult amateur dressage rider, part of the Quantum Farms team)

Last week, at the Elmcrest Silver dressage show, I experienced a career "first" – riding two horses in the same competition. Not sure what to expect, I finished the day a little wiser – and very grateful – about what it takes to be competitive on two very different equine partners.

But let me back up a bit to add some context. I'm a relative newbie to dressage competitions, but an old-timer in the equestrian world. After 30+ years on the A hunter circuit, my last show horse and I embraced the dressage discipline as both a new challenge and a way to ease up on our arthritic bones.

Little did I know at the time that this change would be a demanding and transformational experience – both physically and mentally – that has re-ignited a passion and dedication that I haven't experienced in years.

Here is what I have learned from my journey thus far.

# A forward and well-balanced horse is the key to all successes.

While discipline styles are different -having that foundational flatwork that focuses on the partnership and balance between horse and rider, with engaging movements and manoeuvres - is absolutely key to any good performance. I might be overstating the obvious, but the dressage discipline compels me to focus on a forward and accurate ride in order for my horses to give their best performances. That is what makes us shine, and what we are judged upon.

# Our show performances are based on what homework is done at home.

There is no magic formula that makes us a star team on show day. The results we receive are based on the hours of training and preparation done at home. On some show days – the sun, moon and stars do align to give us a fabulous day – but in most cases, the efforts we put in every day are reflected in the results that we see on that given show day. I've been lucky this year, as I've been able to dedicate much of my non-work time towards my riding and I've enjoyed the benefits that go along with that.

# I wish the hunter warm-up and performance ring was as organized as the dressage ring.

I think the logistical planning of our dressage shows is FANTASIC. You know days ahead of time what

time you will be performing in the ring! For my "A"type personality, this is a dream come true. This is an absolutely gold-star competitive environment, and one that I take full advantage of.

#### The Plan

For the Elmcrest Silver show, my coach and I were able to determine *the Plan* – and with the added challenge of competing on two horses in two different divisions - made things far more manageable than I had originally anticipated.

Knowing what time I was performing became a mathematical exercise in terms of:
1) what time to arrive at the show;
2) what time to tack up each horse;
3) what time to start our warm-up; and
4) when to get the next horse ready.
Fortunately, my four riding times were each over an hour apart, and allowed some down time to restudy the next test and mentally prepare myself between each performance.

#### Bringing two of everything.

I am a good planner of contingencies on a normal day. With two horses, I admit going a bit overboard - doubling up on food for the horses, grooming aids, buckets, tack, apparel – but knowing that there were emergency supplies was quite reassuring to me, so there wouldn't be any last-minute improvisations or trips back to the barn.



#### Warming up: Focussing on two things.

When I am minutes away from performing in the ring, I know it is not the time to reinvent myself or my horse. I choose a maximum of two things to focus on, whether they are the most positive aspects of our performance or areas of improvement. These two things are not surprises – they are reinforcements of what has likely been discussed with my coach many times before. Especially with the challenge of riding two very different horses, simplifying my objectives and keeping a sharp focus was an important factor to my day.

#### Score sheets: An analytical gem.

Receiving score sheets after my performance and when class results are in, is an absolute gold mine! From this information I can align with what observations I experienced during our performance and then seeing it through the judge's eyes. In most cases, there are no big surprises but there are valuable clues on what the judge is looking for that can be advantageous to know before my next class. Between performances, I was able to re-focus on some elements of my test to better meet those expectations.

#### When I am in the ring, accuracy is priority #1.

\_\_\_\_\_

From the moment we step into the ring, I focus on the test. My job is to keep my horse going forward and straight, and to pilot through the various movements at the correct letter in the ring. If I miss or mess up a movement within the test, I leave it mentally behind. There is nothing I can do about it, except make the next movement better. Coming from the hunter ring, where the overall performance was evaluated with one score - having a dressage test comprised of multiple individual movements and scores is a big competitive advantage, and one that I fully embrace.

#### Allowing myself to enjoy the moment.

With all the training, preparation, planning, focus and execution of four performances, I had to slow my analytical brain and simply pause and enjoy the moment. Finding those personal, private moments with my mounts - for a symbolic pat on the back – is a very valuable and meaningful time for me.

#### Having a support team.

They say it takes a village. It really does! My family, my coach, the horse owners, my super-groom, my friends and stable mates – are right there with me when I am in the ring. Having that support in the days leading up to, during and afterwards means more to me because no matter how well, or poorly, we might do – it's all okay because there's another day ahead.

#### What's next?

I am a planner, always needing the next thing to look forward to. Sometimes my goals are very modest but oftentimes I aim for the stars. What's next in my world is the realization of the goal that I set at the beginning of the season: Qualifying and competing on two horses at the Eastern Silver Dressage Championships on September 10th. See you there!

### From the Sponsorship Director

If you are interested in sponsoring a trophy, division, or door prize for the OADG Awards Banquet, please contact Sue Otto, OADG Sponsorship Director at <u>em382@ncf.ca</u>.

All sponsorships are gratefully received and will be acknowledged at the banquet and in the Spring newsletter.



## Local show schedule

The 2017 local show season is complete. Check the OADG website <u>www.ottawadressage.ca/shows</u> regularly for updates and new information: The schedule below includes only local, sanctioned shows. For a list of the 2017 Ontario and Quebec shows, go to the OADG website. For a list of all horse shows, see Equestrian Canada's website.

May 2017		June 2017	
Sun May 7	Meadowvale Farm ESD Schooling	Sat June 3	Westar Farms Silver
Sun May 14	Oakhurst ESD Schooling	Sun June 4	Westar Farms ESD Schooling
	Centaur Gold	June 10-11	Rainbow Ridge Gold
May 18-21	Ottawa Dressage Festival Gold/Platinum	Sat June 17	Primary Classic (ESD Schooling)
Sat May 27	Stevens Creek Farm Silver		International Equestrian Centre
Sun May 28	Heroncrest ESD Schooling	June 24-25	Dewmont Farms Silver / Gold
July 2017		August 2017	
Sun July 2	Oakhurst Silver (postponed to Oct. 1)	Sun Aug 6	Centaur Silver / Gold
July 8-9	Rainbow Ridge Gold	Sat Aug 19	Elmcrest Equestrian ESD Schooling
Sat July 22	Starlit Farm Silver	Sun Aug 20	Elmcrest Equestrian Silver
Sun July 23	Starlit Farm ESD Schooling	Sun Aug. 27	Preston Rosedale Silver
Sat July 29	International Equestrian Centre Silver		Centaur ESD Schooling
September 2017		October 2017	
Sat Sept 2	Meadowvale Farm ESD Schooling	Sun Oct. 1	Centaur ESD Schooling
Sun Sept. 10	Eastern Ontario Silver Dressage Championships, Starlit Farm		Oakhurst Silver (rescheduled)
Sun Sept. 17	Preston Rosedale ESD Schooling	Sun Oct. 15	Centaur ESD Schooling
Sun Sept 24	Oakhurst ESD Schooling		

### **Contact us -- Your OADG Board of Directors**

President	Catherine Maguire	613-256-2725	president@ottawadressage.ca
Secretary			secretary@ottawadressage.ca
Treasurer	Kiki Baggerman-Webster	613-825-5370	treasurer@ottawadressage.ca
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Banquet	Heather Kelly	613-795-7997	<u>banquet@ottawadressage.ca</u>
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Website: www.ottawadressage.ca

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