

# **Ottawa Area Dressage Group**

www.ottawadressage.ca

# Newsletter



OADG is a chapter of CADORA Inc.

OADG is a Dressage Canada affiliated riding club.

#### Spring 2018

Spring, spring, glorious spring... season of mud... and of daffodils which are already poking up their noses in my garden © Lots of cool stuff to tell you about in this issue. A big "thank you" to all the contributors!

#### In this issue

Memberships, memberships, memberships!!!
OADG Members Day at Encore
Feedback on Freestyle 101 clinic
Prix Caprilli dressage tests

Awards – new for 2018 and results from 2017 Rising Stars Bursary 50th anniversary: Your first show (reprint from 1986) Show Schedule / Contact your directors

#### Message from the President

Here it is, the time we always get optimistic. The weather is finally starting to turn and the show schedule has been published! At my place, we do maple syrup and that is in full production as I write this message. So I am definitely feeling optimistic. I also feel thankful that 50 years ago some far-sighted individuals banded together to celebrate their love of dressage and formed the Ottawa Area Dressage Group. 2018 is our 50th anniversary! The Board has a few things planned to mark this special anniversary and we encourage you to participate as fully and often as you can. You can read about them in announcements in this Newsletter and on our Facebook page throughout the year. Help us keep the spirit of community, participation, achievement and love of horses thriving in the Ottawa area.

Board updates: The Board of Directors has met twice already this year and have kicked off our usual seasonal planning and other events. We have announced a special bursary program in support of our Junior members who participate in the Rising Stars program at the Ottawa Dressage Festival. Also, again this year we are teaming up with Encore Equestrian tack shop for a members-only discount shopping day. Come out on April 15 for some deals and conveniently renew your membership at the same time. A very special clinic is planned for later this year....read on in the newsletter to find out! Please also carefully check out the awards program as some changes have been made to the criteria. Most importantly, I want to thank the Board for their continued enthusiasm in planning activities to benefit members. We are fortunate to have two very qualified individuals step up to take on Membership – Kathey Rowsome and Treasurer – Carolyn Allen. Please take a moment at the end of browsing this Newsletter to read who makes up the Board. It is these individuals who keep the wheels turning and are essential to the continued health of our very special local group. Thank you.

Catherine Maguire, OADG President president@ottawadressage.ca



## "Thank you!" to our 2017 Banquet Sponsors:

Cadora National and Cadora Ont. dressagegames@aol.com

Equestrian Canada, www.equestriancanada.ca; 1-866-282-8395

Ontario Equestrian, www.horse.on.ca; 1-877-441-7112

Ontario Federation of Agriculture, Guelph; 1-800-668-3276

Ottawa Area Dressage Group, www.ottawadressage.ca

Apple Saddlery,

613-744-4040; 1-800-867-8225 613-821-2437; chickatthereins.com

Circle J Ranch, Metcalfe,

**Cheryl Denault Photography** 

RODAN & FIELDS; 613-668-5977

William McDonald, The Co-operators,

Manotick, 613-692-5070

Clarmell Farms Bakery, Manotick, www.clarmellfarms.com, 613-826-2959

**Crazy Carousel Tack Shop**,

Rigaud, Quebec, 1-450-458-2430

Royal Lepage Team Realty, **Dan Morris**, 613-825-7653

The Fabric and Upholstery Shop (was Rockland Textiles Inc.)613-831-7776

**ECOGOLD HT Ecologic Product Ltd.**,

www.ecogold.ca, 1-514-342-5893

**Emerald Links Golf & Country Club,** 

Manotick Station, 613-822-6353

**Encore Equestrian Tack and Apparel,** 

Hwy 43, Merrickville, www.encoreequestrian.com, 613-269-Tack (8225)

Rooney Feeds Ltd., Kemptville 613-258-1567 and Iroquois, 613-652-4382

Kate's Kreations.

**Greenhawk Harness & Equestrian Supplies**,

Nepean, 613-225-9900

Claire Smith, Ph.D.,

Hawley's Corners Gift Shop, Metcalfe, 613-821-1332

Merrickville, www.clairesmith-author.ca

Kate Sim, 613-285-4318

**Kicking Horse Media**,

http://kickinghorsemedia.ca, 613-257-5145

Maple Lane Equestrian Trailers, Smith Falls, 1-866-235-3401

Peggy & Pat McQuaid,

**Brent's Farrier Works**,

Stittsville

Kiki Baggerman-Webster and Bill Webster, Nepean

www.stonemeadowstable.com

Russell Equine Veterinary Services,

www.russellequine.com; 613-445-3521,

Dr. Carole Michon and Dr. Garth Henry,

Metcalfe Golf & Country Club, Metcalfe, 613-821-2701

Stephen Morris, **Certified Journeyman Farrier** 

Quarry Park, Brett Filson, Dunrobin Brett and François, 613-894-4459 www.quarryparkequestrian.com

Oxford Mills, 613-258-4417

Oakhurst Farm, Joan Allum, Mark Nelson, Ruth Allum, Helen Richardson

www.oakhurstfarm.ca;

Sandridge Saddlery, Osgoode, 613-229-5547; Ste. Lazare, 1-800-520-8225



# Springing into... spring

Kathey Rowsome, Membership Director memberships@ottawadressage.ca

I don't know about you, but I sure find the winter season to be a trying one. The show season has long been wrapped up, the awards dinner and horse community socializing draws to a close, and after Christmas we are left with -3 more months of the snow and cold.

So while this sounds like a bleak picture, I do find some ways to keep energized and moving forward through the last legs of winter.

#### New Year's resolutions

A spin-off from the traditional new year's resolutions of going to the gym or serving my fellow man - I do like to take some time early in the year to think about what I would like to achieve with my sport. It doesn't necessarily relate to my competition goals. For example, I might like to spend more time hacking or road riding, or I might like to learn more about general horsemanship etiquette. I discovered a long time ago that I stay motivated if I can change things up, even just a little bit, to keep things interesting.

#### Being inspired

I recently read a very interesting and inspiring book. *Falling into Now* – by local equestrian Claire Smith. In involves a candid and emotional telling of her journey from her three-day eventing triumphs to experiencing a traumatic brain injury, and her journey towards recovery and life beyond horses. It's a

continued on next page...

### "Thank you!" to our Sponsors, continued...

In memory of Col. A Frank Cooper and Mrs. Evelyn Cooper

Susan and Terry Otto, Metcalfe

Rainbow Ridge Ranch, S. Curtis & L. Maltby, Greely, 613-821-2939

**RBC Royal Bank**, Metcalfe Branch, Pauline Drummond, 613-821-2021

Rocking Horse Stable, Val and Jim Everson, Rockland 613-488-3066

Stittsville Trailer and Auto Sales Inc., Orville Hartwick, 613-836-5555 Schleese Saddlery Service Ltd., www.schleese.com, 1-800-225-2242

Rowland Leather & Merrickville Suites, Merrickville, 1-800-806-6983, www.rowlandleather.com Stone Meadows Inc., Robin-Lynn and Jon Brent, www.stonemeadowstable.com; 613-295-9147

Valley Vet Clinic, Carleton Place, equine@valleyvet.ca; Dr. Evangeline Wiens, 613-257-3202



# Springing into... spring, continued

compelling story that touches upon many familiar experiences in the equestrian world, but it's also a book about perseverance, mastering life challenges, and reinventing yourself. It's a wonderful book and one that I will reflect upon for a long time to come. If you are interested in obtaining her book, her website address is <a href="http://clairesmith-author.ca/">http://clairesmith-author.ca/</a>

[Editor's note: Claire Smith will be presenting at the Equestrian Canada convention in Kanata on Friday April 6]

#### **Chilling out**

In the winter, my riding activity moves away from the training phase, to a nurturing one. This is when I like to chill out, and go back to the grassroots of my sport. I go out to the barn, fuss around Manny (my equestrian partner), go for a hack outside, and generally hang out in his company. I find it to be such a positive way to spend some winter hours outdoors, see my horse friends from Quantum Farms, and get in some physical exercise.

#### Learn something new!

We know in the horse world that there is always something more you can learn, no matter how experienced (or old) you are... I have recently taken a four-part series on Conditioning your Horse, given by Casey Gillis. It was an excellent series that will enable me to know a little more about the process and environments in which to condition my horse, and what to look out for. What I like most about it, is that not only can I add this to my knowledge bank, but it will benefit both Manny and myself when we start up again in the spring.

#### And then there's ... spring

And before you know it, on February 2 *Groundhog Shubenacadie Sam* doesn't see his shadow – and we start to see those early signs of spring. The days are longer, the sun is warmer, and soon we are counting the show season in weeks, not months.

Here's hoping that we all enjoy a sunny, warm, and dry spring season! And don't forget to get your membership in by May 31 to be eligible for awards!

#### Save the date - Membership Sign Up Day at Encore Equestrian

Sunday, April 15, 2018, 1-4 pm

Purchase your membership quickly and easily; get great deals on horse-related clothing and supplies; catch up on all the news with your OADG colleagues; pick up your OADG 50<sup>th</sup> Anniversary lapel pin if you didn't get it at the Awards banquet!

See page 14 for the flyer with all information.



# **Memberships**

**Reminder:** Horses showing at Silver level or higher must have an Equestrian Canada (EC) "digital horse recording", valid for 2018. Effective last year (2017), this digital horse recording <u>replaced</u> the old passports and the annual "horse licence sticker". More information is available on the EC website.

**AA versus Open versus Junior:** The Equestrian Canada Sport Licence applies to the rider or owner of the horse. For Bronze, Silver, and Gold shows, each rider <u>and</u> the owner of each horse must have their own EC sport licence. When you purchase your EC membership, make sure you select the correct designation:

- AA refers to Adult Amateur, and it costs an extra \$15 to have this designation on your membership. You <u>must</u> purchase this designation if you want to ride in the AA classes (for any discipline); adult riders without this designation must ride in the Open classes.
- Open classes are meant for riders, trainers and coaches who make a significant portion of their income from riding, teaching, coaching and training. Basically, having Open classes and AA classes separates the professionals from the amateurs.
- Junior classes are reserved for junior-age riders (although show organizers may combine classes if there are insufficient entries to separate them).

Where it may get confusing is when an adult amateur owns a horse that is ridden by both the owner (for example, at Third Level in Silver shows) and by their coach/trainer (possibly at Fourth Level in Gold shows). In this case:

- the owner should have an EC membership with the AA designation for **Gold** shows (the highest level of competition the horse will be showing at)
- the coach/trainer should have an EC membership without the AA designation for Gold shows
- the horse should have a digital horse recording that is valid for the current year

The owner can then ride in AA classes at Silver shows (and at Gold shows, too), and the coach/trainer can ride in Open classes. Clear as the mud down centre line on a rainy show day? ©

Here is a handy-dandy chart to track which memberships are required, recommended and optional (this is based on last year's chart, and yes, "Equine Canada" should now read "Equestrian Canada"! ①):

|                   |                                   | MAN                                  | DATORY                                 |                    | RECO | MMENDED   |
|-------------------|-----------------------------------|--------------------------------------|--|--------------------|------|-----------|
| ORGANIZATION      | OEF<br>(OR<br>EQUIVALENT<br>PTSO) | EQUINE<br>CANADA<br>SPORT<br>LICENCE | EQUINE<br>CANADA<br>HORSE<br>RECORDING | DRESSAGE<br>CANADA | OADG | CADORA    |
| VEL OF COMPETITIO | N                                 |                                      |  |                    |      |           |
| ESD Schooling     | Ø                                 | $\approx$                            | $\approx$                              | $\approx$          | Ø    | $\approx$ |
| Bronze            | Ø                                 | BRONZE                               | $\approx$                              | ≋                  | Ø    | ONTARIO   |
| Silver            | Ø                                 | SILVER                               | Ø                                      | Ø                  | Ø    | ONTARIO   |
| Gold              | Ø                                 | COLD                                 | Ø                                      | Ø                  | Ø    | NATIONA   |

**Note:** Except for the Bronze ODF Rising Stars classes (which will count towards ESD awards), Bronze show scores are not eligible for annual OADG awards.



#### Description of the memberships required at each level

Depending on which level you want to show, you'll need to purchase certain memberships, and we recommend that you purchase other memberships. Here's a summary:

#### **OADG** Membership

Renew or purchase new before May 31<sup>st</sup>, 2018 to be eligible for OADG year-end awards or discounts at OADG events (such as educational clinics). *Both rider and horse owner must hold memberships*.

There are many benefits to joining OADG. You will support local initiatives to promote shows, learning opportunities, sponsorships, and building a "community" of like-minded riders, owners, and "ground crew". Your Board of Directors is planning newsletters and email "news briefs" to disseminate information, and our Facebook page provides a social community.

OADG membership is always optional. A rider or horse may compete in dressage competitions without any membership in any level of the OADG, CADORA Ontario, or CADORA National. However, both rider and horse owner must have memberships to be eligible for any year-end awards or competition grants sponsored by the OADG, CADORA Ontario, or CADORA National. To receive an Omnibus (the official "test book"), you must purchase a full CADORA National membership (which includes OADG and CADORA Ontario memberships).

#### **Other Memberships**

For a rider or horse to compete in dressage shows, you **must** have certain memberships and licences:

All levels of showing: Both the rider and the owner of the horse must be members of their Provincial Sport

Organization (Ontario Equestrian Federation (OEF), Federation Equestrian du Quebec

(FEQ), or equivalent for other provinces).

Schooling Series Equestrian Skills Development (ESD) and OEF Schooling Shows

Other than OEF/equivalent, no additional memberships are required.

Bronze Series: In addition to OEF/equivalent, both the rider and the horse owner must hold an

Equestrian Canada Bronze Sport Licence (with Adult Amateur designation if applicable)

Silver Series: In addition to OEF/equivalent, both the rider and the horse owner must hold:

- An Equestrian Canada Silver Sport Licence (with Adult Amateur designation if applicable)

- A Dressage Canada Affiliate membership

- The horse owner must have an Equestrian Canada digital horse recording for the horse,

valid for 2018 (effective 2017, replaces the previous passport)

Gold Series (National): In addition to OEF/equivalent, both the rider and the horse owner must hold:

- An Equestrian Canada Gold Sport Licence (stating Adult Amateur if applicable)

- A Dressage Canada Affiliate membership

The horse owner must have an Equestrian Canada digital horse recording for the horse, valid for 2018 (effective 2017, replaces the previous passport)

Platinum Series (CDI): In addition to OEF/equivalent, both the rider and the horse owner must hold:

- An Equestrian Canada Platinum Sport Licence (with Adult Amateur designation if applicable)

- A full membership in Dressage Canada
- FEI membership (purchased through Equestrian Canada)
- Permission from Equestrian Canada to compete
- The horse owner must have either:
  - o For CDI 1\*, 2\* (within Canada), an Equestrian Canada digital horse recording for the horse, valid for 2018 (replaces the previous passport)
  - o A valid FEI passport including a valid EC digital horse recording for 2018

Please note that Equine Canada rules apply at all shows, and drug testing may occur at any show.



# OTTAWA AREA DRESSAGE GROUP 2018 MEMBERSHIP APPLICATION



OADG is a local group affiliated with both CADORA and Dressage Canada.

#### **IMPORTANT ITEMS TO NOTE**

- All memberships run from January 1<sup>st</sup> to December 31<sup>st</sup> of the calendar year.
- All OADG members participating in OADG shows and clinics must be members of the OEF for insurance purposes. It is recommended that clinic organizers ask for participant OEF number.
- Memberships must be renewed with the OADG no later than May 31<sup>st</sup> to retain voting privileges and ensure eligibility for all applicable awards. BOTH THE RIDER AND ONE OWNER\* OF THE HORSE MUST join no later than May 31<sup>st</sup> in order to qualify for awards
- Memberships must be renewed with CADORA Ontario and CADORA National **no later than July 1**<sup>st</sup>, in order to qualify for eligible awards.

# MEMBERSHIP INFORMATION FOR RIDERS

CATEGORY COMPETITION

LEVEL

**EDS Schooling** 

Bronze

| NEW RENEWAL                                |                             |                       | OEF#                 |                          |         |  |  |
|--|-----------------------------|-----------------------|----------------------|--------------------------|---------|--|--|
|  |                             |                       | •                    |                          |         |  |  |
| LAST NAME                                  |                             |                       |                      | FIRST NAME               |         |  |  |
| ADDRESS                                    |                             |                       |                      |                          |         |  |  |
| CITY                                       |                             |                       | PROVINC              | CE POSTAL CODE           |         |  |  |
| HOME PHONE                                 |                             |                       |                      | CELL PHONE               |         |  |  |
| EMAIL (Please print cl                     | early) *                    |                       |                      |                          |         |  |  |
| * Newsletter Delivery by En                | nail only (or write 'no new | sletter' following yo | our email address if | you do not wish to recei | ve one) |  |  |
| JUNIOR RIDERS                              |                             |                       |                      |                          |         |  |  |
| DATE OF BIRTH                              |                             | J                     | R PARENT/GU          | ARDIAN NAME              |         |  |  |
|  |                             |                       |                      |                          |         |  |  |
| FOR OWNERS                                 |                             |                       |                      |                          |         |  |  |
| HORSE OWNER NAME                           | E(S)                        |                       |                      |                          |         |  |  |
| NEW  |                             | RENEWAL               |                      |                          | OEF#    |  |  |
|  |                             |                       |                      |                          |         |  |  |
| HORSES                                     |                             |                       |                      |                          |         |  |  |
| (SHOW) NAME(S) OF I                        | HORSE(S)                    |                       |                      |                          |         |  |  |
|  |                             |                       |                      |                          |         |  |  |
|  |                             |                       |                      |                          |         |  |  |
| MEMBERSHIP CATEGORY (CHECK ALL THAT APPLY) |                             |                       |                      |                          |         |  |  |
| DRESSAGE OFFICIAL                          | Coach                       | Judge                 | Steward              | Level                    |         |  |  |
| COMPETITION                                | Junior                      | Adult Amateu          | ur Open              | Non-compet               | itor    |  |  |

Silver

Gold

Platinum/CDI

Non-competitor

#### MEMBERSHIP FEES - PLEASE CHOOSE ONE ONLY (PER PERSON)

| MEMBERSHIP TYPE  | SENIOR | JUNIOR | YOUR COST |
|--|--------|--------|-----------|
| OADG LOCAL ONLY  | \$30   | \$20   |           |
| CADORA ONTARIO. Includes local OADG membership   | \$40   | \$30   |           |
| CADORA NATIONAL  | \$70   | \$50   |           |
| This Includes OADG local, and Ontario membership. Only a full CADORA National membership includes one Omnibus, CADORA National Membership Card, and CADORA INC newsletters |        |        |           |
| CADORA QUEBEC NATIONAL   | \$60   | \$40   |           |
| Only for Quebec residents not showing Silver   |        |        |           |
| YOUR SUBTOTAL FOR MEMBERSHIP   |        |        |           |

#### SUPPLIES: You can only order from these supplies if you are a member of CADORA NATIONAL

| Item                              | Your cost |
|-----------------------------------|-----------|
| Additional Omnibus - \$30.00 each |           |
| Stall Info Card - \$5.00 each     |           |
| Omnibus Rain Cover - \$3.00 each  |           |
| Test Planner- 5.00 each           |           |
| CADORA Lapel Pin - \$5.00 each    |           |
| CADORA Key Chain - \$2.00 each    |           |
| YOUR SUBTOTAL FOR SUPPLIES        |           |

#### TOTAL FOR MEMBERSHIPS AND SUPPLIES

#### **HOW TO SUBMIT YOUR MEMBERSHIP FORM**

#### Mail to arrive by MAY 31, 2018

- Make cheque payable to: Ottawa Area Dressage Group (or OADG)
- No post-dated cheques will be accepted

#### Send to:

Kathey Rowsome 3316 Wild Cherry Drive Osgoode ON KOA 2W0 Phone: 613-826-1777

#### email by MAY 31, 2018

- Send to <a href="mailto:membership@ottawadressage.ca">membership@ottawadressage.ca</a> ONLY IF accompanied by an email money transfer to the same email
- Please state your full name(s) in the description box of the transfer
- When e-mailing your form, please include the question and answer that you will use for the e-mail money transfer

#### **Additional notes**

- Membership is valid as of the date the completed form and fee are both received by the OADG membership director.
- Rider and at least one owner of the horse must be members by May 31<sup>st</sup> to be eligible for year-end OADG awards.
- For CADORA Ontario and National, the deadline is July 1<sup>st</sup>.
- Please do not send the OADG membership director Ontario Equestrian Federation (OEF) memberships or Equine Canada (EC)
  memberships or Dressage Canada (DC) memberships. These should be sent directly to the respective OEF or EC membership
  offices.
- For more information about memberships, please visit the OADG Website at <a href="http://ottawadressage.ca/renew/">http://ottawadressage.ca/renew/</a>

#### **MEMBERSHIP PACKAGES**

A membership in any level of OADG, CADORA Ontario or CADORA National is not required for a rider or horse to compete in dressage competitions. However; it is necessary for both the rider and at least one owner of the horse (if different) to be members by **May 31st** in order to be eligible for any year-end awards or competition grants sponsored by the OADG, CADORA Ontario or CADORA National.

#### **MEMBERSHIP BENEFITS**

| LOCAL – OADG     | Eligible for local OADG year-end awards for FEI, Gold, Silver, Bronze, Schooling Permit competitions.   |
|------------------|---|
| Ottawa Area      | Rider and at least one owner of the horse must be members by May 31st to be eligible for year-end   |
| Dressage Group   | awards.   |
| *                | • Scores up to and including May 31st are also valid for year-end awards as long as rider/owner memberships                                       |
|                  | are received by May 31st  |
|                  | Local OADG shows are designated in the Local column at <a href="http://ottawadressage.ca/shows/">http://ottawadressage.ca/shows/</a>              |
|                  | See <a href="http://ottawadressage.ca/awards/">http://ottawadressage.ca/awards/</a> for awards criteria, which include external show scores       |
|                  | OADG Local group newsletter   |
|                  | Eligible to ride in OADG sponsored clinics  |
|                  | Eligible to vote in local OADG group elections at AGM, and stand for director   |
|                  | Affiliated with Dressage Canada   |
| Ontario          | To ensure all horse/pony owners, riders/drivers and other participants have proper insurance coverage   |
| Equestrain       | To be included in a group, which builds on the development of competitive sport and the legacy of   |
| Federation *     | sportsmanship   |
|                  | To support programs such as the Ontario Young Riders teams, physical and cognitive therapeutic riding   |
|                  | programs, community outreach programs for both horses and riders, and much more!  |
|                  | To participate in educational clinics, events and workshops offered exclusively to members  |
|                  | • To receive the official OEF member newsletter, WHOA! (the most widely circulated equine publication in  |
|                  | Ontario)  |
|                  | To receive member only benefits, special discounts and exclusive offers   |
|                  | * All OADG members participating in OADG shows and clinics must be members of the OEF for insurance   |
|                  | purposes. It is recommended that clinic organizers ask for participant OEF number.  |
|                  | See website for more information: <a href="https://horse.on.ca/membership/membership-types/">https://horse.on.ca/membership/membership-types/</a> |
| ONTARIO –        | Local OADG Package plus:  |
| COAI             | Eligible for COAI, Silver, Bronze awards  |
| Cadora Ontario   | Rider and at least one owner of the horse must be members by July 1st to be eligible for year-end   |
| Association Inc. | awards.   |
|                  | CADORA Ontario newsletters  |
|                  | Vote in COAI elections and stand for director   |
|                  | Access to CADORA Ontario scholarship programs   |
|                  | Quebec residents competing on the Ontario Silver circuit must join CADORA Ontario to be eligible for year-  |
|                  | end CADORA Ontario Silver awards. Quebec residents do have the option of not joining CADORA Ontario if  |
|                  | they are not competing on the Ontario Silver Circuit  |
| NATIONAL -       | Ontario package plus:   |
| Cadora National  | Rider and at least one owner of the horse must be members by July 1st to be eligible for year-end   |
| Inc.             | awards.   |
|                  | One CADORA Omnibus  |
|                  | CADORA National quarterly newsletters   |
|                  | Purchase CADORA National supplies (Omnibus, lapel pin, rain covers – see previous page)   |
|                  | Eligible for CADORA National FEI, Gold awards   |
|                  | Vote in CADORA National elections at AGM and stand for Director (if renewed by July 1 <sup>st</sup> )   |
| MANDATORY        | Here is a handy reference guide for applicable memberships. Click on the image (left) to see an enlarged  |



Here is a handy reference guide for applicable memberships. Click on the image (left) to see an enlarged version.

**Privacy Policy:** The OADG will not share your personal information with third parties unless required for business directly related to the OADG (such as forwarding member information to CADORA). If we judge an issue or information item to be of interest to our members, we will forward that information to you directly by email from within the OADG Director group.



#### From our Awards Director:

Carolyn Peck, awards@ottawadressage.ca

The OADG offers numerous awards for all level of competitions from Schooling through to FEI. As well we honor our JR, AA and Open riders who compete and qualify for year-end awards in their respective divisions. Awards for this year will be given out as follows:

- Champion Trophy or Stall Plaque (includes *stall plaque if trophy given*)
- Reserve Champion Stall Plaque
- 3rd Place Medallion

#### 2018 Information:

Here is a quick rundown of what you need to know before the season starts. For full OADG Awards criteria please refer to the awards criteria on the OADG website.

- Both rider and owner must be members of the OADG by May 31st.
- All scores are tracked by the OADG. You will only need to submit the respective forms for the Team Challenge (due May 31st) and the Special Awards (due October 8th).
- Team Challenge May 31st is the deadline to submit your Team Challenge form to the Awards Director.
- ESD You are required to have 3 qualifying scores from 3 shows from two different show sites.
- Silver Due to the increase in the number of Silver shows being offered this year you are required to have 4 qualifying scores from 4 shows from two different show sites. You may have 1 external score.
- Gold You are required to have 3 qualifying scores from 3 shows from two different show sites.
   Due to the increase in the number of Gold shows being offered this year you may have 1 external score.
- Merit Medallions
  - o To obtain a Merit Medallion you must have 3 scores of 65% or higher from 3 different shows for Schooling and Gold.
  - o Or 4 scores of 65% for Silver from 4 different shows.
- External scores as noted above, Silver and Gold competitors may each submit only 1 external score. Note: this is a change from previous years for Gold competitors.

Please note the changes for 2018, emphasized above in yellow highlighting. Please refer to the OADG website for the full 2018 Awards Criteria

### Did you know...Additional Awards from CADORA and Dressage Canada

For those of you showing at the Silver, Gold and FEI Level there are additional awards you may qualify for. Here is a bit of information on these awards for you (for full details please see CADORA and Equestrian Canada websites):



#### **CADORA**

You must be a member of CADORA no later than July 1st. CADORA has several awards available. Here is a quick rundown:

#### • SILVER Competitors:

- o For year-end awards you must compete in a minimum of 3 shows and having scores of 55% or higher.
- O Cadora tracks the Silver Shows but note not all Silver Shows submit their scores to CADORA. It is best you check with the Show Organizers to confirm that their scores are submitted to CADORA-ONTARIO.
- o CADORA-ONTARIO Challenge: you must compete in a minimum of 3 shows as well as the Championships (4 shows). Your scores from the Championships must be 60% or higher
- CADORA-ONTARIO Silver Dressage Team Competition For those competing at the Championships riders are invited to form teams for awards and prize money. Each team must consist of 3 riders all of whom must be CADORA-ONTARIO members by July 1st.

Note to qualify for the Silver Championships you only require 2 scores of 55% or higher from different shows.

#### • GOLD Competitors – CADORA NATIONAL AWARDS PROGRAMME

- o Training through to Second Level − 3 scores of 65% or higher from 3 different judges.
- $\circ$  Third Level and Up 3 scores of 62% or higher from 3 different judges.
- o Scores are to be submitted to CADORA by December 1st using their Awards Programme Score Report form that can be found on their website.

#### Dressage Canada Achievement Awards for Silver and Gold riders

- There is a one time online registration and fee. You must submit the Dressage Achievement Awards Report Form Canada by October 31st to the Dressage Department of Equine Canada.
- You must have 4 scores for each level earned at EC Silver, Gold or Platinum (FEI) EC licensed shows.
- Rider Achievement Awards Riders scores are cumulative and can be earned on more than horse.
- Horse Achievement Awards Horse scores are cumulative and may be earned with more than one rider.
- Score Requirements: 4 scores are required for each level.
  - o Training Level to 3rd Level: scores from 3 different judges.
  - o 4th Level through to Grand Prix Level: scores from 2 different judges.
- Score Threshold:
  - o Training Level & First Level (including FEI 4 Year Old): 4 scores of 65% or higher
  - Second Level to Grand Prix: 4 scores of 62% of higher



# **Results from 2017: Final Placings**

| ESD/Schooling Circuit: Final Placings |  | Silver Circuit: Final Placings   |  |  |
|---------------------------------------|--|--|--|--|
| Walk Trot Rider JR                    |  |  | Trot Rider JR                              |  |
| 1                                     | Sophia Trites / Raindance              | 1  | Courtney McHugh / Kaloni                   |  |
| Training JR                           |  |  | ing JR                                     |  |
|                                       | Aislinn Friesen / Magic Moment         | 1  | Courtney McHugh / Kaloni                   |  |
| 1<br>2                                | Rebecca Walker / Kira                  | 2  | Julia McIntosh / Cheeky Times Two          |  |
|                                       |  | 3  | Shauna Lapp / Sergeant Pepper              |  |
| 3                                     | Margot Guy / Make a Wish               | 4  | Sarah Robidoux / Porteous Maximus          |  |
| 4<br>-                                | Abigayle Gaumont / Alibi               | 5  | Mikayla Lever / November Rain              |  |
| 5                                     | Grace Howard-Smith / Marigold          |  | ing AA                                     |  |
| 6                                     | Teagan Stirling / Paddington           | 1  | Kathryn Rowsome / Manny                    |  |
| 7                                     | Milena Hayman / Margo                  | 2  | Sylvain Jobidon / Heimdall                 |  |
| 8                                     | Ava Riedel / Land of Opportunity       | 3  | David Gayowsky / Griffin                   |  |
| 9                                     | Jessie Dudding / Sergeant Pepper       | 4  | Stephanie Glanville / Tequila Sunrise      |  |
| 10                                    | Trinity Walkling / Mr Maple            |  |  |  |
| 11                                    | Beatrice Dufresne / Braveheart         | 1  | ing Open<br>Melanie Goldberg / Diadem      |  |
| First L                               | evel JR                                |  | Level JR                                   |  |
| 1                                     | Kalea Brummund / Slick n'Dry           |  |  |  |
| First L                               | evel Open                              | 1  | Sophie Vermeirre / Snickers                |  |
| 1                                     | Celine Hutchison-Majerus / Mr Cinder   | 2 3  | Aaliyah Hage-Hassan / D'soda Pop           |  |
| Walk/                                 | Trot Equitation                        |  | Megan Donnelly / Boomer                    |  |
| 1                                     | Sophia Trites / Raindancer             | 4  | Margot Guy / Make a Wish                   |  |
| 2                                     | Talya Friesen / Farenhiet 451          | 5  | Mikayla Lever / November Rain              |  |
| 3                                     | Julia Dings / Cookies N' Cream         | 6  | Shauna Lapp / Sergeant Pepper              |  |
|                                       | Trot Horse                             |  | Level AA                                   |  |
| 1                                     | Talya Freisen / Farenhiet 451          | 1  | Deanna Russell / Panache EA                |  |
| 2                                     | Julia Dings / Cookies N'Cream          | 2  | Nyree Schreiber / Amplified                |  |
| -<br>Trainiı                          |  | 3  | Julie Tourangeau / Jester                  |  |
| 1                                     | Taylor Stewart / Apollo                | 4  | Jennifer Deschamps / Soulman               |  |
| 2                                     | Colena Pollock / Scotland Yard         | 5  | Kristin McLaren / Sambuca                  |  |
| 3                                     | Shelia Corbett / Hidden Relic          | 6  | Denise Clement / Jambalaya                 |  |
| 4                                     | Jessica Sloan / Pretty Lady            | 7  | Heather Living / Berts Lucky Bonanza       |  |
| 5                                     | Evan Davies / Nexus                    | 8  | Jane Hunt / Rowista Philip Windy Skye      |  |
|                                       | •                                      |  | Level Open                                 |  |
|                                       | evel AA                                | 1<br>- nd  | Lindsay Brown / Redemption                 |  |
| 1                                     | Jennifer Riley / Kasper                |  | evel AA                                    |  |
| 2                                     | Jennifer Deschamps / Soulman           | 1  | Catherine Fiillion / Mica                  |  |
| 3                                     | Jessica Messier / Registered Trademark | 2  | Caroline Peck / Snickers                   |  |
| Music                                 |  | 3  | Darlene Senechal / Aqua de Vida            |  |
| 1                                     | Jennifer Riley / Kasper                | 4  | Melissa Rocheleau / Hilkens Go for Gold    |  |
| 2                                     | Jessica Messier / Registered Trademark | 5  | Kiki Baggerman-Webster / Froeya            |  |
|                                       | Trot / Canter Equitation               | 6  | Julie Tourangeau / Tazzelle                |  |
| 1                                     | Aislinn Friesen / Magic Moment         | 7  | Vanessa Guibord / Rowan                    |  |
| 2                                     | Ava Riedel / Land of Opportunity       |  | evel Open                                  |  |
| 3                                     | Abigayle Gaumont / Alibi               | 1  | Celine Hutchison Majerus / Mr Maple        |  |
| 4                                     | Teagan Stirling / Paddington           | 2  | Christine Larose / Remember Me             |  |
| 5                                     | Grace Howard-Smith / Marigold          | 2 <sup>nd</sup> L  | evel Freestyle                             |  |
| 6                                     | Jessie Dudding / Sergeant Pepper       | 1  | Kiki Baggerman–Webster / Froeya            |  |
| 7                                     | Selena Aggerwal / Rosen Dawn Rain      | 3 <sup>rd</sup> Le   | evel AA                                    |  |
|                                       |  | 1  | Jenna Mayhew / Kinsale                     |  |
|                                       |  | 2  | Leah Levert / The Belle of the Ball        |  |
|                                       |  | The second secon | evel Open                                  |  |
|                                       |  | 1  | Nicole Allen-Dings / Leandro               |  |
|                                       |  | 2  | Nicole Allen-Dings / Noah                  |  |
|                                       |  | 3  | Siri Solfjell Ingebristen / Agiladee Rosen |  |
|                                       |  | FEI  | 5 Jonjen mgestisten / Agnadee Nosen        |  |

1

Carolyn Rathwell / Dragon



| Gold               | Circuit: Final Placings                          | 4"' Le             | vel AA                                    |
|--------------------|--|--------------------|---|
| raini              | ng JR  | 1                  | Sheila Trusdale / Regala Ste Rose         |
| L                  | Katherine Bell / Percival                        | 2                  | Alison Sims-vanZyl / Charm                |
| 2                  | Noemi Morris/ Justified                          | 4 <sup>th</sup> Le | vel Open                                  |
| 3                  | Myah Caiger / I Won An Oscar                     | 1                  | Briannon Johnson /Winchester 67           |
| 1                  | Alyson Seinsch / R Vision                        | 4 <sup>th</sup> Le | vel Freestyle                             |
| raini              | ng AA  | 1                  | Abdullah Patterson / Buckley              |
| L                  | Tara Freel /Solaris                              |                    |   |
| 2                  | Ashley Honey / Annika                            | FEI Ci             | rcuit: Final Placings                     |
| 3                  | Kristen DeYoung / Dakota III                     | Pony               |   |
| 1                  | Caroline Lanthier / Delgado                      | 1                  | Kiara Williams-Brown / Popcorn            |
| 5                  | Fiona Worley / Abby                              | Child              | , ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,   |
| 5                  | Kristen Everson / Peter Parker                   | 1                  | Amanda Dube / Waldires                    |
| 7                  | Marie-Helene Bernier / MG Sissy                  | 2                  | Kiara Williams-Brown / Popcorn            |
| raini              | ng Open  |                    |   |
| L                  | Simone Williams / Dayna                          | Junio              |   |
| irst L             | evel JR  | 1                  | Devlin Abergel-Preston / Perpetual Motion |
| L                  | Amanda Dube /Waldires                            | 2                  | Devlin Abergel-Preston / Wake Up          |
| 2                  | Karina Cudahy / Sovereign                        | 3                  | Danika Charbonneau / Quintessential       |
| 3                  | Katherine Bell / Percival                        |                    | eestyle                                   |
| 1                  | Amanda Dube / Montego Bay                        | 1                  | McKenna Jelly / Schatzie                  |
| irst L             | evel AA  | 2                  | Karina Cudahy / Sovereign                 |
| L                  | Sherri Finlayson / Magnolia                      | 3                  | Katherine Bell / Percival                 |
| 2                  | Sonya Lipsett-Rivera / Dudley Do Right           | 4                  | Amanda Dube / Montego Bay                 |
| 3                  | Kristen McLaren / Sambuca                        |                    | g Rider                                   |
| irst L             | evel Open  | 1                  | Lindsay Cooper-Kelly / Gizmo              |
| <br>I              | Danika Guertin-Pierson / Diamanda CRS            | Young              | g Rider Freestyle                         |
| )                  | Siri Solfjell Ingerbrigsten / A-G Royal Rhapsody | 1                  | Lindsay Cooper-Kelly / Gizmo              |
| 2 <sup>nd</sup> Le | vel JR   | Prix S             | t Georges AA                              |
| L                  | Danika Charboneau / Quintessential               | 1                  | Caroline George / Tundra                  |
| 2 <sup>nd</sup> Le | vel AA   | Prix S             | t Georges Open                            |
| L                  | Anouk Desaulniers / Soulstar SteRose             | 1                  | Nicole Babich-Morin / Rumble              |
| 2                  | Carolyn Allen / Kavita                           | 2                  | Abdullah Patterson / Buckley              |
| 3                  | Alexandra Morgan / Bazinga                       | 3                  | Tiffany Randall / Sunset                  |
| 2 <sup>nd</sup> Le | vel Open   | Intern             | mediaire 1                                |
| L                  | Liz Steacie / Bellaryn                           | 1                  | Nicole Morin-Babich / Rumble              |
| 2                  | Michelle Pyper / Charlie's Angel                 | 2                  | Tiffany Randall / Sunset                  |
| 3 <sup>rd</sup> Le | vel JR   | 3                  | Abdullah Patterson / Buckley              |
| L                  | Kiara Williams-Brown / Lady Bug                  | 4                  | Caroline George / Tundra                  |
| rd Le              | vel AA   | Intern             | mediaire 2                                |
| , <u>-</u> c       | Lianne Rouse / Quintessential                    | 1                  | Nicole Babich-Morin / Deniros Tyme        |
| )                  | Lis Sondergaard / Gwenylyn                       | 2                  | Oswaldo Lazzuri Neta / Cluseau            |
| -<br>}             | Jenna Mayhew / Kinsale                           | Intern             | nediaire Freestyle                        |
| rd le              | vel Open   | 1                  | Tiffany Randall / Sunset                  |
| ) <u>-</u> c       | Simone Williams / Fiderflash                     | 2                  | Caroline George / Tundra                  |
| )                  | Sian Fernandez Thomas / Soraya                   | Grand              | d Prix U25                                |
| 3                  | Kelsey Baker / Sophie                            | 1                  | Nicole Babich-Morin / Deniros Tyme        |
| i <sup>th</sup> le | vel JR   |                    | d Prix & Grand Prix Special               |
| . <u>.</u>         | Kiara Williams-Brown / Lady Bug                  | 1                  | Liz Steacie / Callahan                    |
| =                  |  | 2                  | Oswaldo Lazzuri Neta / Cluseau            |
|                    |  | 3                  | Kelsey Baker / Sophie                     |
|                    |  | 3                  | neisey baner / soprific                   |

# E<sub>NCORE</sub> E<sub>QUESTRIAN</sub>



In Store exclusive SAVINGS



# OADG MEMBERSHIP SIGN UP DAY ENCORE EQUESTRIAN

Sunday April 15th

Time: 1pm to 4pm

\* \*ALL SHOW APPAREL\* \* SAVE 25 TO 50%!!

Collect your 10% loyalty card and SAVE all year long when you sign up in store.



# Freestyle 101: Feedback on the OADG Educational Clinic (held Nov. 5, 2017)

This was the educational highlight of the year. If you missed it, you missed a great clinic based on the feedback we received. One comment heard at the clinic..."you're giving away all the trade secrets!" Of course, that was the idea to give everyone the tools and knowledge to create their own freestyle. Our two presenters Kiki Baggerman-Webster and Bill Webster did a great job with the material and shared personal tips on their experiences doing competitive freestyles.

Here is the feedback we received:

Thank you for having the Freestyle 101 clinic. My daughter attended it in preparation for the 2018 competition year. We have both tried the music software programs on a PC and a Mac. We are having difficulty. Are there any people that could help us with this? We are feeling the crunch of the upcoming competition year. (Cynthia Maloney and Amanda Dube)

(Answer: At the clinic we promised that we would support efforts to create freestyles, we have provided additional documentation on how to use the software. If anyone else who attended the clinic needs help and would like a copy of the documentation, please send an email request to education@ottawadressage.ca

I enjoyed the November clinic and found out many interesting facts on how the beat could be altered in music to match the horse's natural speed but I haven't really done anything with that info. (Ilona Monahan)

The clinic was very well organized and presented. All information relevant to producing a freestyle was covered and the live example of how to stitch the music together was WONDERFUL. Also, the other participants in the clinic were helpful in discussing issues and raising questions that helped me understand even more. (Catherine Maguire)

I really enjoyed the clinic! The length was just right and it was really informative. I really liked the demonstration on how to sync music to the horse's gait and I was super looking forward to putting together a freestyle this winter. Unfortunately I had to retire my horse due to some arthritis and an old injury that finally caught up to her. But hopefully next year with my new partner I'll do one! Thanks for putting the clinic together, it was wonderful. (Leah Levert)

The clinic was really good. Presentation was clear and thorough as were materials. They are a welcome reminder for future work. Presenters did a good job and were knowledgeable, as well as generous with their offers to help. (Patricia Cyr)

I had been itching to do Freestyle for a while without really knowing how to go about it. The answer came with the Freestyle 101 clinic offered through the OADG last fall. I was hoping it could help me get started with directions. It sure delivered. It provided great information for the rookie that I was. From tempo (BPM), to our horse's actual music preference (bit of a surprise here), technical information to work and adapt the music to our patterns'

The Freestyle 101 Clinic was very interesting and I would attend it again if offered. (I am a slow learner) I haven't been able to start any music with my horse but plan to ride to some music once the weather improves. (Sue Otto)

need, choreography, multiple tips to help in the overall creation and available online tools. Even more enthusiastic after the clinic, I went back to my coach Helen Allum Richardson at Oakhurst, who thoroughly got onboard with me and we got the ball rolling. We are working on two programs and I am having a great time. Not to mention that my "pony" seems to pick up his paces with the music.

I challenged a fellow rider to get into it and he accepted. We might yet start a trend, who knows?

Will there be a follow up clinic? Sign me up. If you missed the first one and would like to add fun and creativity to your dressage, by all means go for it.

Thank you Kiki Baggerman-Webster, Bill Webster, Peggy McQuaid and EQUESTRIAN CANADA/DRESSAGE CANADA, CADORA ONTARIO, OADG (Sylvain Jobidon)



#### Freestyle feedback, continued...

I'd like to thank all who took the time to provide this feedback. Now have we created a desire to do your own freestyle? If so, please let me know by email – <a href="mailto:education@ottawadressage.ca">education@ottawadressage.ca</a> If there is enough interest, we would be willing to do an encore event in the fall for the 2019 show season. Since we would have some additional material, repeat attendees would be welcome...just let us know.

Also, we would be amenable to holding this repeat seminar in a different location but would need a facility that could hold at least 40 attendees. In order for us to do this at minimal cost, it would be nice if the location was offered gratis. Otherwise we would have to charge a small fee to cover our costs. Just let me know...

**Peggy McQuaid, OADG Education Director** 

# **Exciting News for OADG Junior Members**

#### Catherine Maguire, OADG President

The OADG is pleased to announce two initiatives for our Junior Members aimed at encouraging interest and participation in the Ottawa Dressage Festival Rising Stars competition. This competition is a special pilot project being offered by the ODF in collaboration with Equestrian Canada and is the first of its kind in Eastern Canada. (To learn more about Rising Stars, see the ODF website at: <a href="http://nationalcapitaldressage.ca/stars/">http://nationalcapitaldressage.ca/stars/</a>.) It is our hope the Rising Stars concept can flourish in our area and become a great vehicle to nurture excellence in Dressage, especially in the Junior rider community.

First, your scores from the Rising Stars competition are considered "eligible scores" and will count towards OADG year-end results in the usual manner as tracked for other local shows. For ESD circuit riders in the Bronze Rising Stars, your scores will count towards ESD awards. For Silver circuit riders in the Gold Rising Stars, your scores will count towards Silver awards. For Gold circuit riders in the Gold Rising Stars, your scores will count as usual towards your Gold awards. Please take note that although this competition takes place over more than 1 day, only the top 2 scores in each level for the entire competition will be captured. We will allow all levels currently eligible for a year end award in your particular circuit. To find out eligible levels for your competition circuit, download the 2018 OADG Awards Criteria document at: <a href="http://ottawadressage.ca/awards">http://ottawadressage.ca/awards</a>.

Second, a bursary fund has been established to celebrate participation. No application is needed. Recipients will be drawn from the list of Rising Stars participants after the conclusion of the competition. To be eligible you need to be a 2018 OADG Junior Member and have competed in the show. Up to 8 bursaries of \$25 each will be awarded in early June. Successful recipients will be announced in the OADG Summer Newsletter and celebrated at the Annual Banquet in November.

For more information please contact the OADG President, Catherine Maguire, at <a href="mailto:president@ottawadressage.ca">president@ottawadressage.ca</a>.

If you have a story, comment, perspective, or viewpoint, please feel free to submit it for the next newsletter! Contact us through <u>communications@ottawadressage.com</u>. Your contribution will be much appreciated.



Add some "jump" to your transitions... in fact, add some "jump" to your entire dressage test...

# Prix Caprilli

by Jane Hunt, OADG Communications Director

Has your dressage coach ever said "your transitions need to show more 'jump'!"? Or, "ask your horse to give you more "jump" in his working gaits!" Well, here's your chance to really show more "jump"... in fact, to literally (and yes, that's the correct use of the word! ①) add some jump to your dressage test... try riding a Prix Caprilli, which is a dressage test with jumps in it.

And just to assure you that I'm not totally (or at least, not just) an all-out subversive dressage rider (well, yes, really I am; just ask my coach! ⊚), the real reason for this article is because...

...the Ottawa Dressage Festival has added Prix Caprilli classes to this year's show.

Preston Rosedale Farm in Perth has offered these tests locally the last couple of years, and Carolyn Rathwell says:

"We have been offering it for a few years now, but finally last year we got one outside entry for the class! It is the ultimate dressage test! So valuable for both the dressage riders and the jumpers. You can't just fly around the ring, it takes a clear thought process to plan your changes over your fences, and requires a horse that is listening to the aids to come back to trot right after a jump. It's a great test for the detail oriented rider."

"A Horse and a Half" (<a href="https://onthebit.wordpress.com/2009/10/26/what-is-a-prix-caprilli/">https://onthebit.wordpress.com/2009/10/26/what-is-a-prix-caprilli/</a>) describes a Prix Caprilli this way: "A prix caprilli is judged like a dressage test with emphasis on the horse's way of going, the rider, and the horse's gaits. What they are looking for is the smoothness and rhythm of a dressage test, just with jumps in the middle." And further, "It is a dressage test that happens to have jumps in the way and the jumps should not disrupt the standard performance expected in a dressage test."

The Prix Caprilli test notes generally state that the test is ridden in an ordinary snaffle bridle. It is performed in either a 20x40m or 20x60m dressage arena, depending on the level of test (introductory, training, first level, etc.). Maximum height of fences ranges from 2-foot cross-rails (introductory) to 2'9" (first level) – you are not going to be asked to jump a four-foot oxer! Refusals and knock-downs are penalized as an error of course with appropriate deduction of points. In the case of a rail in the path, the judge will ring the bell for the rider to stop without penalty. After the jump is replaced, the bell will be rung again telling the rider to continue from where they stopped.

The current CADORA Prix Caprilli test is at <a href="http://www.cadora.ca/pdf/CADORA\_prixcaprillitest.pdf">http://www.cadora.ca/pdf/CADORA\_prixcaprillitest.pdf</a>, but make sure you check which test the Ottawa Dressage Festival and Preston Rosedale Farms are offering.

Here are some links to videos of tests, so you can check out some sample rides:

- Prix Caprilli Training Level Test <a href="https://www.youtube.com/watch?v=a8NebuqF-6g">https://www.youtube.com/watch?v=a8NebuqF-6g</a>
- Prix Caprilli Test 2 (71.6%) https://www.youtube.com/watch?v=WWm14Qh3Mts
- https://www.youtube.com/watch?v=8Eiyi3hPe9E

If any OADG members have ridden, or decide to ride the Prix Caprilli, please consider writing about it. We'd be more than pleased to print it in the Winter newsletter!

#### YOUR FIRST SHOW

As the 1986 show season is almost upon us (tremble tremble) I want to reprint a really good article from the November issue of the London Dressage Group. You'll like this one:

#### ON RIDING IN YOUR PIRST SHOW - by Merilyn McCann

It seems that only about one-third of our 80 LDA members are taking advantage of our schooling or Trillium shows and in trying to find the reason for this we thought that perhaps many people are intimidated by the thought of "THE FIRST SHOW". Therefore, here is some advice for conquering some common fears and to help you take the first trip down the centre line.

"I'm not ready..."

None of us is ever ready, if you mean perfectly prepared except perhaps Reiner Klimke and I'll bet he has his doubts some days. The beauty of a dressage test is that you can make a horrendous mess of one novement and it makes no difference to your mark for the next movements. You may (as virtually all riders have) receive a 2 for one movement but that doesn't mean you can't get an 8 for the next. Forget the booboos and the movements you diffn't do really well and go on to the next one that you might well excel at.

I know, you've stood at the sidelines and heard the awful comments that some of the spectators make about each andevery rider - they see only the bad and none of the good - right? And you think "I'll never be able to ride in front of these people". Closer inspection will reveal that these "experts" aren't the ones in the ring trying the tests and they probably never will be in there testing themselves. The other riders are the ones who know what it feels like to be in that ring and you'll find them most supportive. You will also find that most judges are very encouraging and you can learn a lot from their suggestions. Dressage is a competitive sport but you are really riding against yourself and your last performance, trying to do better each time.

"I'll make a fool of myself"..."

Unless you are incredibly inventive, it's been done before. You will not be the first person to fall off in the ring - you just get back on - you're only disqualified if the horse's 4 feet leave the ring (and it's been done, and at championship levels, and by international riders). You won't b You won't be the first to jump out or indeed bolt out of the ring (the correct protocol is, I think, to wave gaily at the judge as you race by and call "I'll see you later"). A few bucks or explosive movements are seen at most shows and add some lavity to an often too serious occasion.

"Everyone else looks so good ..."

Now look again. Watch a few tests at your level and you'll see everyone making some mistakes and everyone doing some things well. It's not often that your horse is having a good day, you're having a good day, and the moon is in the right phase, all at once. You'll probably see movements that It's not often that your horse is having a good day, you're having a good day, and the moon is in the right phase, all at once. You'll probably see movements that you'll think "I can do that as well or even better" and you probably can. Give it a whirl. Those other riders are just as nervous as you. They're probably all thinking to themselves "I wish our extensions were better today" or "I haven't really warmed up well" or "I think I'm going to be sick". The trick is to just look composed. Once you are in the ring you won't notice the spectators or anything around you. You will be totally concentrating on your ride and at this point it will be a relief to note that the sun will indeed rise tomorrow morning even if you do goof up this test - no earthquake will rock the world if your horse doesn't lengthen between K and H and that your family and friends will not disown you if you pick up the wrong lead at C.

Schooling shows are for schooling. They are supposed to be a laerning experience for horse and rider and they should be fur as well. If your horse halts at X and stubbornly refuses to move again because he has suddenly spotted the judge and is firmly convinced that she eats horses for tupch, don't be afraid to whack him one. This is the best time for him to learn that the judge really has no interest in his edibility and that it would be in his best interest to pay attention to his rider.

Looked at in this light, dressage shows can actually be fun and the satisfaction you will feel when you exit from the ring and know that you've done it (and probably better than you expected) is fantastic. Who knows, you may, like many of us, get hooked!

Wise words, eh? And not just for your first show, believe me. Your second and third--and your hundred-and-third-----





# OADG turns 50! - let's celebrate by looking back...

To mark the occasion of OADG's 50<sup>th</sup> birthday, here is a reprint of the article shown on the Facebook page and reproduced on the previous page. This article was first reprinted in the 1986 OADG newsletter. PLEASE NOTE that some of the rules have changed since this article was first printed! However, all of the sentiments expressed below are still perfectly valid!

As the 1986 show season is almost upon us (tremble tremble) I want to reprint a really good article from the November issue of the London Dressage Group. You'll like this one:

-----

#### On riding in your first show – by Merilyn McCann

It seems that only about one-third of our 80 LDA members are taking advantage of our schooling or Trillium shows and in trying to find the reason for this we thought that perhaps many people are intimidated by the thought of "THE FIRST SHOW". Therefore, here is some advice for conquering some common fears and to help you take the first trip down the centre line.

#### "I'm not ready..."

None of us is ever ready, if you mean perfectly prepared – except perhaps Reiner Klimke and I'll bet he has his doubts some days. The beauty of a dressage test is that you can make a horrendous mess of one movement and it makes no difference to your mark for the next movements. You may (as virtually all riders have) receive a 2 for one movement but that doesn't mean you can't get an 8 for the next. Forget the booboos and the movements you didn't do really well and go on to the next one that you might well excel at.

#### "I'm not good enough..."

I know, you've stood at the sidelines and heard the awful comments that some of the spectators make about each and every rider – they see only the bad and none of the good – right? And you think "I'll never be able to ride in front of these people." Closer inspection will reveal that these "experts" aren't the ones in the ring trying the tests and they probably never will be in there testing themselves. The other riders are the ones who know what it feels like to be in that ring and you'll find them most supportive. You will also find that most judges are very encouraging and you can learn a lot from their suggestions. Dressage is a competitive sport but you are really riding against yourself and your last performance, trying to do better each time.

#### "I'll make a fool of myself..."

Unless you are incredibly inventive, it's been done before. You will not be the first person to fall off in the ring – you just get back on – you're only disqualified if the horse's 4 feet leave the ring (and it's been done, and at championship levels, and by international riders). You won't be the first to jump out or indeed bolt out of the ring (the correct protocol is, I think, to wave gaily at the judge as you race by and call "I'll see you later"). A few bucks or explosive movements are seen at most shows and add some levity to an often too serious occasion.

#### "Everyone else looks so good..."

Now look again. Watch a few tests at your level and you'll see everyone making some mistakes and everyone does some things well. It's not often that your horse is having a good day, you're having a good day, and the moon is in the right phase, all at once. You'll probably see movements that you'll think "I can do that as well or even better" and you probably can. Give it a whirl. Those other riders are just as nervous as you. They're probably all thinking to themselves "I wish our extensions were better today" or "I haven't really warmed up well" or "I think I'm going to be sick." The trick is to just look composed. Once you are in the ring you won't notice the spectators or anything around you. You will be totally concentrating on your ride and at this point it will be a relief to note that the sun will indeed rise tomorrow morning even if you do goof up this test – no earthquake will rock the world if your horse doesn't lengthen between K and H and that your family and friends will not disown you if you pick up the wrong lead at C.

Schooling shows are for schooling. They are supposed to be a learning experience for horse and rider and they should be fun as well. If your horse halts at X and stubbornly refuses to move again because he has suddenly spotted the judge and is firmly convinced that she eats horses for lunch, don't be afraid to whack him one. This is the best time for him to learn that the judge really has no interest in his edibility and that it would be in his best interest to pay attention to his rider.

Looked at in this light, dressage shows can actually be fun and the satisfaction you will feel when you exit the ring and know that you've done it (and probably better than you expected) is fantastic. Who know, you may, like many of us, get hooked!

-----

Wise words, eh? And not just for your first show, believe me. Your second and third-- and your hundred-and-third---





# OCT 12/14, 2018 STEPHEN CLARKE COMES TO QUEENSWOOD STABLES

#### AN EVENT NOT TO BE MISSED: NOTE YOUR CALENDARS!

Annually CADORA Inc. has been able to host their "Build a Better Dressage Horse" Symposium at various locations and we are very lucky to be able to have Stephen Clarke here in 2018 as part of OADG's 50<sup>th</sup> Anniversary Celebrations. Thanks go out to Simone Williams for supporting OADG and CADORA by offering Queenswood Stables as the host facility.



Stephen Clarke
FEI 5\* Olympic,
WEG and World
Cup Dressage
Judge, Trainer &
Competitor

You want to be the best...then come and learn from the best!

Join CADORA and save on Auditor Fees

Want a chance to ride in this clinic Join CADORA

OADG is pleased to support this Clinic as part of our 50<sup>th</sup> Anniversary Celebrations.



# "Build a Better Dressage Horse"

# Stephen Clarke Clinic, Oct. 12-13-14, 2018

Peggy McQuaid, OADG Director of Education, education@ottawadressage.ca

At our Awards Banquet, we made the announcement that this clinic hosted by CADORA Inc. in collaboration with OADG (as part of our 50th anniversary celebrations) will be presented at Queenswood Stables. Here is some additional information. Don't forget to note your calendars to make it a priority for your 2018 educational plans.

Queenswood Stables is located at 518 Smith Road just outside Navan. Visit their website to learn what all they have to offer. www.gueenswoodstables.com

In case you are not that familiar with Stephen Clarke and his immense value to the dressage community worldwide, here is a little information:

With five national championship titles, Stephen Clarke is a highly accomplished dressage rider and represented Great Britain in international competition throughout the 1970s and 80s, being nominated as reserve rider for the Seoul Olympic Games in 1988.

During the last several years, Stephen has concentrated more on the judging and training side of the sport, travelling worldwide judging major competitions and giving judges' and riders' clinics.

Stephen is an FEI 5\* Dressage Judge and the current FEI Dressage Judge General, leading the FEI's Course Directors in their education of the judges worldwide.

He has judged all major championships: European Championships, World Equestrian Games and World Cup Finals; he has officiated at three Olympic Games (Athens, London, and Rio).

As a former chairman of the British Dressage Judges' Committee for nearly a decade, Stephen made a very significant contribution to modernizing the systems and encouraging more and better judges to come forward. He has written extensively and continues to teach and advise at all levels of the sport. His knowledge, generosity, kindness and approachability are unrivaled. Throughout his training of judges, he inspires positive, open judging and advocates accountability.

His education, support and mentorship have influenced a next generation of judges and many of the world's senior judging figures are a product of his training and encouragement.

Did you notice that there is an additional date for this clinic? The regular clinic is on the weekend of the 13th and 14th. However, as a CADORA Inc. special event this year on Friday the 12th, there will be an "Educate Your Eye Judges Clinic" (open to everyone). Note: this clinic cannot be used for EC/DC updating. The details are still being worked out between CADORA Inc. and Stephen Clarke down in sunny Florida! Soon as I know more will share in a future Newsletter.

One other piece of advice, if you haven't already done so, you need to join CADORA Inc. to get the best early bird rate for the two days of the regular clinic.

Well that is it for now...check out our website frequently for other clinics happening in our area.

#### From the Sponsorship Director

If you are interested in sponsoring a trophy, division, or door prize for any OADG event, please contact Sue Otto, OADG Sponsorship Director at <a href="mailto:em382@ncf.ca">em382@ncf.ca</a>.

All sponsorships are gratefully received and will be acknowledged at the Awards banquet and in the Spring newsletter.



Local show schedule

Check the OADG website <a href="www.ottawadressage.ca/shows">www.ottawadressage.ca/shows</a> regularly for updates and new information: The schedule below includes only local, sanctioned shows. For a list of the 2018 Ontario and Quebec shows, go to the OADG website. For a list of all horse shows, see Equestrian Canada's website.

| May 2018       |  | June 2018   | June 2018  |  |  |
|----------------|--|-------------|--|--|--|
| Sun May 6      | Meadowvale Farm ESD Schooling                                    | Sat June 2  | Westar Farms Silver / ESD Schooling                                |  |  |
| Sun May 13     | Oakhurst Silver / ESD Schooling                                  | Sun June 10 | Centaur Gold / Silver  |  |  |
| May 17-20      | Ottawa Dressage Festival Platinum / Gold / Bronze (Rising Stars) | Sat June 16 | Primary Classic (ESD Schooling)<br>International Equestrian Centre |  |  |
| Sat May 26     | Stevens Creek Farm ESD Schooling                                 | June 23-24  | Dewmont Farms Gold / Silver  |  |  |
| Sun May 27     | Stevens Creek Farm Silver  |             |  |  |  |
|                |  |             |  |  |  |
| July 2018      |  | August 2018 |  |  |  |
| July 7-8       | Rainbow Ridge Gold   | Sun Aug 5   | Centaur Gold / Silver  |  |  |
| Sun July 15    | Heroncrest ESD Schooling   | Aug 11-12   | Westar Farms Gold / Silver /ESD                                    |  |  |
| Sun July 22    | Centaur ESD Schooling  |             | Schooling  |  |  |
| Sat July 28    | International Equestrian Centre Silver                           | Sun Aug. 26 | Preston Rosedale Silver / ESD Schooling                            |  |  |
|                |  |             | Centaur ESD Schooling  |  |  |
|                |  |             |  |  |  |
| September 2018 |  | October 201 | 8  |  |  |
| Sun Sept 16    | Preston Rosedale ESD Schooling                                   | Sun Oct. 7  | Oakhurst Silver / ESD Schooling                                    |  |  |
| Sat Sept. 17   | Ontario East Silver Dressage<br>Championships, Westar Farms      | Oct. 13-14  | Stephen Clark clinic<br>Queenswood Stables                         |  |  |
| Sun Sept. 30   | Centaur ESD Schooling  |             |  |  |  |

#### Contact us -- Your OADG Board of Directors

| President      | Catherine Maguire       | 613-256-2725 | president@ottawadressage.ca      |
|----------------|-------------------------|--------------|----------------------------------|
| Secretary      |                         |              | secretary@ottawadressage.ca      |
| Treasurer      | Treasurer Carolyn Allen |              | treasurer@ottawadressage.ca      |
| Awards         | Awards Caroline Peck    |              | awards@ottawadressage.ca         |
| Shows          | Anne Galt               | 613-402-7381 | shows@ottawadressage.ca          |
| Education      | Peggy McQuaid           | 613-831-2692 | education@ottawadressage.ca      |
| Membership     | Kathey Rowsome          | 613-826-1777 | membership@ottawadressage.ca     |
| Communications | Jane Hunt               | 613-266-6776 | communications@ottawadressage.ca |
| Sponsorship    | Susan Otto              | 613-821-1428 | sponsorship@ottawadressage.ca    |
| Banquet        | Heather Kelly           | 613-795-7997 | banquet@ottawadressage.ca        |
| Webmaster      | Cathy Gordon            | 613-257-5145 | webmaster@ottawadressage.ca      |



Website: www.ottawadressage.ca

at: https://www.facebook.com/pages/OADG-Ottawa-Area-Dressage-Group/187355987992852