



Ottawa Area Dressage Group

www.ottawadressage.ca

Newsletter



OADG is a chapter of CADORA Inc. OADG is a Dressage Canada affiliated riding club.

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June 2009 -- From the Board...

Mark your Calendars: The OADG banquet date and location for this year has been set for Saturday November 21st, 2009, at the Cedarhill Golf and Country Club in the west end, just off the 416 at Fallowfield. The number of people attending the awards banquet continues to grow, however seating for dinner at the Cedarhill Golf and Country Club is limited to 200 people, first come first served, so when tickets go on sale don't delay as we sold out last year!

BANQUET TICKETS MUST BE ORDERED AND PAID FOR IN ADVANCE! THERE WILL BE NO TICKETS AVAILABLE AFTER THE CLOSING DATE. Cedarhill Golf and Country Club requires payment in advance for this event, and as such tickets must be purchased and paid for by a specified date. Further details in the next newsletter!

REQUEST FOR SPONSORS: The OADG is hosting two major events in 2009, the Silver Championship Eastern Division in conjunction with Starlit Farm, and the OADG Year-end Awards Banquet. If you are interested in sponsoring either of these events, please contact our sponsorship director, Susan Otto and she will be happy to discuss sponsorship options with you.

OADG Services Web Page: Do you want to find a boarding facility, or an equine specialist, then check out the OADG Services web page off the main OADG page: www.ottawadressage.ca and select Services.

If you provide an equine service in the Ottawa area and would like to be listed on this page, please contact our webmaster at webmaster@ottawadressage.ca

Silver Dressage Championship Eastern Division: Starlit Farms September 13 2009

Judges: Don Barnes and Elaine Potter

QUALIFY: Two scores from two different shows of at least 50% (*this is not a typo*)
(*Note that the qualifying statement indicates 2 scores of 55% from 2 shows; however there is another rule further on that allows the show organizers to take entries with qualifying scores down to 50% to fill the show day. This rule is almost always used for the Eastern Division Championship Show so **ENTER ANYHOW!!!!***)

The back page of this newsletter has a handy poster to put up in your tack-room

Silver Circuit 2010..... DOOMED!!!!..... unless YOU do something!!!!

Show Organizers are fed up with rules put in place that make it very hard.

Things like what judges they can use and what levels they can offer.

Bronze shows do not hinder in this way and are less work to run.

Show organizers are planning to drop Silver shows next summer unless some rules change.

How can you help to save the Silver Circuit?

On the OADG website there is a form letter, sign it and send it in, or email the whole thing.

More letters/emails more notice

and maybe, like with so many things, we can make a difference in **OUR circuit!**

www.ottawadressage.ca

**2009 OADG meeting dates: Sept 18, Nov 6
meeting at Munster Community Center in Munster
- 58 Dogwood Drive - 7:00 p.m.**

Next newsletter deadline is August 21

The OADG would LOVE your input!!!

Get Involved!

The OADG makes several decisions regarding local awards, shows, clinics at its regular member meetings that affect you. If we do not hear your point of view we make the best decisions we can with the people at hand. If you have an opinion on something please let us know so we can properly discuss it. It is too late at the end of the season to realize that you did not meet the criteria for something that was changed in early March!

The OADG also provides input to CADORA Ontario and CADORA Inc. If you have something you feel strongly about that you want us to bring to the attention of one of these organizations please contact Pierre Paquette and we'll do our best to convey your opinion. Get involved and stay informed. The regular member meetings are open to all, why not drop in and see what's up!

Market Place

Non-commercial Classified Ads are run free of charge for all OADG members. For members, ads are run in two consecutive newsletters. Members must request the ad be re-run if required. For non-members, the rate is \$10.00 for 2 issues. Business Cards are charged \$25.00 for 2 issues.

Hans Hollenbach Clinic: at HeronCrest Stables. July 3,4,5- \$30 to audit. Each one gets more and more amazing, everyone has learned a lot on seat control and classical light riding. Hans is a good friend of Walter Zettl and is a strong advocate of the classical training of horse and rider. This would be a very good continuation of what you learned with Steffen Peters. Diana 613-283-8084, cell 513-8084 dinnagirl@ripnet.com

Last clinic we also covered holistic medicine as, Hans, is a Reiki Master and an Acupressure specialist. So a few of our horses got treated to some laser treatments as well. Did you know the ear is a mirror of the body curled up in a fetus position? Fascinating stuff.

The Steffan Peters Clinic, May 1st to 3rd :

What a clinic! What a venue! What a guest! The effort put out by the OADG under the guidance of Education directors Cathy Gordon and Peggy McQuaid was simply outstanding and the attendance during the 3 day clinic more than rewarded them. It was without a doubt the most beneficial dressage clinic ever presented in Ottawa and riders, auditors and organizers were all overwhelmed by the event.

Before commenting on our guest of honor, it would be remiss on our part, not to acknowledge the cooperation given by the Royal Canadian Mounted Police by providing their excellent riding facilities and demonstrating their interest in the matter all through the event. Under the guidance of Inspector Bruce Whillans, they surely lived up to their well-known reputation and provided a much appreciated decorum and professional touch to the clinic.

Our guest of honor: Yes, he was a world champion dressage rider in 2009, but this was only the icing on the cake! Steffen Peters showed everyone present, riders, auditors, parents, R.C.M.P. members, that he is beside a world champion, a gentleman and a terrific instructor. In the three days that he was with us, he put all riders very much at ease and he was able to deal directly with the different requests that he had received from each rider. He also was able to involve auditors and other members of the audience in the presentation during the lessons and he was more than ready and happy to answer their questions following each of the lessons. Mr. Peters is a true gentleman and the congenial and friendly approach that he showed us when we met him outside the ring, left no doubt in our mind.

Steffen is a true horse person. All through the clinic, he demonstrated that he cares for horses, understands them and recognizes that they have to form a team with the rider. He emphasized all along that horse and rider must be united and that both have a major role to play. To him, the intimate relationship has to exist to be able to obtain the best success. Steffen is highly competitive as his career so far proves but he also recognizes that you cannot ask a horse or a rider to do more than either one can give at a particular stage. Work is a must for both but that work must also be fun for the results to be great. For Steffen, perseverance in execution, suppleness and a relaxed state of mind are the three main requirements that lead to successful competitions; he said when we talked to him that most people are aware of that but few remember it when the time comes.

I would like to conclude by saying that every minute spent with a person like Steffen Peters is worth a million hours. Most people at the clinic, especially the riders, fully appreciated his talent and expertise and his ability to share it with others in a very casual and friendly way. The work and efforts that were put out in staging this clinic were more than rewarding and can only transgress into a tremendous asset to the OADG for holding it and for the participants for having been present.

*Pierre Paquette
OADG director and Cadora Ontario rep.*

*Isabelle Paquette
OADG member and Rider*

Steffen Peters Clinic, Ottawa - May 1-3, 2009.

What an incredible weekend! Along with over 200 auditors, I attended the Steffen Peters clinic in early May. Organized by the OADG, and held at the beautiful RCMP facility in east Ottawa, this clinic was surely the highlight of the summer for this particular dressage rider. The clinic began on Friday evening with a presentation by Steffen on his training philosophy. He showed pictures of his horses, and by sharing various anecdotes about them, the audience got to know a bit about why Steffen is currently at the top of the dressage world.

As soon "as you pick up the contact, there should be mutual respect". Have "high expectations of yourself, set high standards", but "be fair" to your horse. Sometimes "you may have to wait for them to be either ready physically or mentally". Ride with "as light a contact as possible - there should be no evident tension". Steffen very diplomatically stated that "aggressive, strong riding" is not right, even if it is sometimes seen in the ring. It was clear that he was very emotional about his current star Ravel, stating in his humble way, that he "was very lucky guy" to have him. There was no doubt in the audience's mind that his relationship with Ravel is a true partnership. At the end of his talk, he answered questions from the audience, and gave us some juicy tidbits about his World Cup ride in Las Vegas.

On Saturday and Sunday, seven lucky riders and horses ranging from First Level to Grand Prix rode with Steffen, with the audience participating fully. He rode most of the horses for a while, and spoke while he schooled them. Not only did this prove that Steffen was incredibly fit, it allowed him to demonstrate what he trying to teach us.

The morning began with Wendell, a Third Level 9 year old Clyde/Thoroughbred ridden by Stefanie Roffey. The rider wanted to work on collection with a better connection. Steffen had her check to see that the forward button was working. They started with simple transitions from walk to halt, and walk to trot. He asked Stefanie to set the tempo, to set positive standards (e.g. always square halts), and to address mistakes of inconsistent contact right away, with a tap of the whip. By Sunday, this horse was noticeably better connected and more attentive. Steffen laughingly told Stefanie: "remember, he's a guy, you've gotta give him guidelines".

Sendero, a Second Level 17 year old appendix quarter horse ridden by Siri Ingebrigtsen was up next. Because this horse was built a bit low in front, Steffen recommended that she not ride him too low at the beginning. If he fussed in front, Siri needed to get his attention. "He's entitled to an opinion, but we need to be on the same page". Steffen said that control and reliability comes first, then expression and power. For this horse, it was important to practice extended walk to collected walk. On Sunday, Steffen had Siri ride walk pirouettes, 3-4 shortened canter strides, and lengthened trots. The key for this horse was not to stay in the same tempo for too long so that he had a "job to do".

Next was Isabelle Paquette, riding Serenity, a Fourth Level Belgium Warmblood/Hannoverian 13 year old mare. Steffen asked Isabelle to ride her rounder and deeper, as she was a little strung out. To improve her suppleness to the right, Steffen had her ride the horse on the left rein with a right flexion, and then ask her to move away from the right leg, then do a 20 metre circle to the left with a leg yield. He re-iterated that the horse must give an immediate reaction to the leg. Every horse "needs to listen to the leg respectfully". On Sunday, the mare's collected work improved as her suppleness and forwardness increased.

Stephanie Beauregard's lovely 8 year old Hanoverian, Discansano was next. Ridden by Andrea Bresee, this Prix-St-George Level horse was a treat for the eyes. Beautifully supple longitudinally, and with huge movement, this young horse has Grand Prix written all over him. To test the horse's collection Steffen asked Andrea for collected canter strides with as light a pressure as possible - "less is more". He stated that it was okay for horses to be slightly behind the vertical in training, so that they will develop the strength required in the ring for a higher head carriage. He talked about how important it is to allow the movements to teach engagement, and to forever strive for a forward self-carriage, so that in the ring, the rider can concentrate on the geometry of the test and greater expression.

Our very own Cathy Gordon rode next, with her beautiful 8 year old chestnut Hannoverian gelding, Winzertanz. To develop a more consistent frame, Steffen had Cathy do lots of transitions, and "to be creative", with bending and suppling aids. He asked her to be subtler with her hands and legs, but to "stay in charge". On Sunday, great improvement was seen in Winzer, as he gave in his topline.

Second to last was Mastermind, a 12 year old Westphalian gelding, owned and ridden by Jade Deter. This internationally successful Young Rider worked hard in her two lessons, listening attentively to Steffen's suggestions to improve Mastermind's responsiveness. We need to train our horses to smaller aids: "if he tricks you to use your legs in his kidneys - school him to your leg, so that less is needed". "Raise the bar, your calf is the driving aid, the spur is a reminder". On Sunday, they worked on walk and canter pirouettes, and tempi changes. Steffen concluded the lesson by telling Jade to stretch Mastermind in a longer frame whenever he got tense.

The last rider of the day was Annie Desranleau, riding her schoolmaster Grand Prix horse Maguin, a 15 year old Swedish Warmblood. Steffen suggested that Annie change the tempo often to test the reaction to the leg. He noted that we should use the spur to teach something, not to maintain something. On Sunday, Maguin worked in piaffe and passage, with Steffen telling Annie how important it is to expect the horse to do some steps on his own when training. In the show ring, we would help a little more. He had Annie do quick transitions from medium trot to piaffe, and had her do a "forward" passage that creates the energy for a self-carried piaffe. Following these exercises, the activity in Maguin's piaffe improved tremendously.

He concluded by saying again that maintaining one tempo does not improve gaits - even in passage, it is important to vary the tempo. The clinic drew to a close in the afternoon, and I couldn't wait to get home and practice what I had learnt. I am sure that I am not the only one in Ottawa who rode their horses that evening, just a little bit quieter and softer, just a little more attentive, and just a little more supple...

Basia Anders

2009 Show List (Remaining Shows for 2009)

Date	Designation	Location	Contact Name	Contact Num/Web
June 18-21	Gold & CDI- W/Y/J/P/YH external	Blainville	Equivents Inc	http://www.equivents.com/
Sat June 20	Discovery	NNEP	Caroline Peck	
June 23-27	Gold & CDI- W/Y/J/P/YH external	Blainville	Equivents Inc	http://www.equivents.com/
Fri June 26	Schooling-TGIF	Centaur	Shirley Guertin	613-835-2237 http://www.centaurridingschool.com/
Sun June 28	Discovery DD	Dewmont	Heather Snipper	613-253-1227 http://www.dewmontfarms.ca/
	Schooling-OESS	Riverview	Janet Borse	613-833-2317 http://www.riverviewstables.ca/
Wed July 1st	Canada Day			
Sun July 5	Gold	Centaur	Shirley Guertin	613-835-2237 http://www.centaurridingschool.com/
	Discovery DD	Spiritwood	Joanna MacDonald	613-489-3262 http://spiritwoodfarm.ncf.ca/
Sun July 12	Discovery DD	Heroncrest	Diana Bayer	613-283-8084 http://www.heroncrestables.com/
Sat July 18	Discovery DD	Dewmont	Heather Snipper	613-253-1227 http://www.dewmontfarms.ca/
	Gold/Silver external	Doornekamp	QSLB - Odessa	http://www.qslb.ca/
Sun July 19	Silver	Starlit	Lise Clark	613-838-3036 http://www.starlitfarm.com/
	Schooling-OESS	Centaur	Shirley Guertin	613-835-2237 http://www.centaurridingschool.com/
	Bronze external	Winter's End	QSLB - Picton	http://www.qslb.ca/
Sat July 25	Gold & Silver	NNEP	Sandy Owens	613-828-7951 http://www.ottawadressage.ca
Sun July 26	Gold	NNEP	Sandy Owens	613-828-7951 http://www.ottawadressage.ca
Fri July 31	Schooling-TGIF	Centaur	Shirley Guertin	613-835-2237 http://www.centaurridingschool.com/
Aug 1/2 LW				
Aug 4-9	Gold CDI- W/Y/J/P/YH	NNEP	Equivents Inc	http://www.equivents.com/
Sat Aug 15	Gold/Silver external	Peveril	QSLB - Moscow	http://www.qslb.ca/
Sun Aug 16	Silver	Spiritwood	Joanna MacDonald	613-489-3262 http://spiritwoodfarm.ncf.ca/
	Schooling-OESS	Centaur	Shirley Guertin	613-835-2237 http://www.centaurridingschool.com/
	Bronze external	Peveril	QSLB - Moscow	http://www.qslb.ca/
Fri Aug 21	Schooling-TGIF	Centaur	Shirley Guertin	613-835-2237 http://www.centaurridingschool.com/
Sun Aug 23	Discovery DD	Heroncrest	Diana Bayer	613-283-8084 http://www.heroncrestables.com/
Sat Aug 29	Gold external	Beaulieu Farm	George Miechowsky	450-458-7888 georgem@ferrotechnique.com
Sun Aug 30	Gold external	Beaulieu Farm	George Miechowsky	450-458-7888 georgem@ferrotechnique.com
Sat Sept 5 LW	Gold external	Saddlewood	Lisa Hassock-Scott	Ontario Dressage Championship http://www.klda.ca/
Sun Sept 6 LW	Discovery DD	Spiritwood	Joanna MacDonald	613-489-3262 http://spiritwoodfarm.ncf.ca/
	Gold external	Saddlewood	Lisa Hassock-Scott	Ontario Dressage Championship http://www.klda.ca/
Sept 12	Gold/Silver external	Evergreen	QSLB - Glenburnie	http://www.qslb.ca/
Sept 13	Silver Champion Eastern Division	Starlit	Lise Clark	613-838-3036 http://www.starlitfarm.com/
	Bronze external	Evergreen	QSLB - Glenburnie	QSLB Bronze Championships http://www.qslb.ca/
Sept 19/20	Silver Champ West	?????	????	?????

Simone Williams represents Canada in Australia

Last May 2nd, Simone Williams flew to Australia to represent Canada at a CDI dressage competition which was held in Sydney Australia. Based on her North American (Canada and U.S.A.) competition results of the past year, she was one of two Canadian riders that were selected to fill the two entries that were allocated to Canada. The competition spanned over one week. Due to the major travel distance, the expenses and the quarantine rules that applied, the Canadian riders could not bring their own horse and as a result they were provided with mounts on location.

Simone was greeted at the airport in Sydney by an official escort. She stayed at a private cottage near the venue and was shown some of the touristic sights by the owners during her brief and busy stay. Simone commented that the Australians that she met are very warm and generous people. Australia is similar to Canada in that it has 4 seasons but the summers are a lot warmer and the winter less cold, depending on which part of the country you reside. Simone stated that Australia is very similar to Canada in that the interest in equestrian sports is on the rise, especially with the increase media coverage afforded to the sport. At the same time, the same as Canada, the horse depth is still very slim but Australians are definitely working hard at it and the future will certainly change with time. She was quite impressed with the riding facilities where the competitions took place. In her words, the arena is huge and can sit 7,000 spectators. The facilities which are owned by the city of Sydney and encompass permanent stabling were built for the 2000 Summer Olympics.

The competition included riders from Australia, New Zealand, Malaysia, England, Japan and Canada. She rode in 3 competitions. Simone had 3 days of prep time with her assigned horse, Colonial Park Hot and Handsome. Before a sellout crowd, she competed on the Thursday at the Prix St. George level and on the Friday at the Intermediaire One level. On the Saturday, she

competed in a <Derby> where each rider chooses his/her horse by *drawing its name out of a hat*; competitors then have one hour to hack with them prior to the Prix St. George competition that follows. Simone finished 7th individually and Team Canada 3rd among the 6 countries. When asked if things would have been better had she been riding her cherished Hanoverian Wunder Ein, she smiled and said 'without a doubt', although she added that the experience was different, exciting and quite challenging.

As a 'mot de la fin', Simone felt that her participation was most interesting and rewarding. She would recommend to anyone who gets that opportunity to accept since it is a great way to increase one's experience in international competition and in dressage in general as well as at the same time getting Canada better known throughout the world in the field of equestrian sport.

Pierre Paquette, OADG Director and Cadora Ontario rep.

**The OADG Would Like to thank the sponsors of the Steffen Peters Clinic held this Spring
Sponsorship helps to make these events cost effective and a bit more fun.**

Special thanks to Inspector Bruce Whillans, Officer in Charge,
Royal Canadian Mounted Police Musical Ride
For providing the riding facility

<http://www.rcmp-grc.gc.ca/mr-ce/index-eng.htm>

Dressage Canada

<http://www.dressagecanada.org/>

CADORA Inc.

<http://www.cadora.ca/>

CADORA Ontario

<http://www.cadora.ca/cadora-ontario/>

Chris Windover and Frank Duguay
Twin Pines Equestrian Centre

<http://www.twinpines.ca>

ride@twinpines.ca

613-821-0234

EcoGold

Equestrian Textile Engineering

<http://www.ecogold.ca>

514-342-5893

1-866-432-6465

Greenhawk Harness and Equestrian Supplies
19 Slack Road, Nepean, Ontario 613-225-9900

<http://www.greenhawk.net/>

Schleese Saddlery Service Ltd.

<http://www.schleese.com/>

905-898-8335 1-800-225-2242

info@schleese.com

Les Gradins R.D. Inc.

Bleachers

<http://www.gradinrd.com>

450-377-4877

EquiFitt.com

<http://www.equifitt.com/>

613-258-4866

personalTraining@equifitt.com

Ever wonder what the OADG Library has to offer, well... Here is the current list. Please contact Dorothea Larsen to borrow items winny@explornet.com

BOOKS

Dressage Formula - Erik Herbermann (hard cover)

Dressage in Harmony - Walter Zetl (hard cover)

Horse Owner's Field Guide to Toxic Plants

My Horse, My Passion, Riding Tips for All Ages - Kenra Willis

That Winning Feeling - Jane Savoie

*UCDavis School of Veterinary Medicine BOOK OF HORSES,
A Complete Medical Reference Guide for Horses and Foals (hard cover)*

DVDs

A Matter of Trust - Walter Zetl, volume 1

A Matter of Trust - Walter Zetl, volume 2

A Matter of Trust - Walter Zetl, volume 3

A Matter of Trust - Walter Zetl, volume 4

A Matter of Trust - Walter Zetl, extras

CBC Coverage of 2004 Olympic Games in Athens Grand Prix, day 1, DVD-R

CBC Coverage of 2004 Olympic Games in Athens Grand Prix, day 2, DVD-R

CBC Coverage of 2004 Olympic Games in Athens Grand Prix Special, DVD-R

CBC Coverage of 2004 Olympic Games in Athens Grand Prix Freestyle, DVD-R

FEI 2005 World Cup Dressage Final in Las Vegas - copy 1, DVD-R

FEI 2005 World Cup Dressage Final in Las Vegas- copy 2, DVD-R

2005 Blainville Dressage Freestyles (French version) DVD-R

FEI 2006 World Cup Dressage Final in Amsterdam - original, DVD

Rolex FEI 2007 World Cup Dressage Final in Las Vegas - original DVD

Beijing 2008 Olympic Games – show jumping (copy)

Beijing 2008 Olympic Games – show jumping Day 1 (copy)

Beijing 2008 Olympic Games – show jumping Day 2 (copy)

Beijing 2008 Olympic Games – Team Dressage, Grand Prix (copy)

Beijing 2008 Olympic Games – day 2 Team Dressage, Grand Prix (copy)

Beijing 2008 Olympic Games – Individual Dressage - Freestyle (copy)

Beijing 2008 Olympic Games – Individual Dressage, Grand Prix Special (copy)

Beijing 2008 Olympic Games – 1st & 2nd day Grand Prix Dressage Team (copy)

On the Levels - new USDF tests effective through 2010:

disc 1 - Introductory through First Level

disc 2 - Second through Fourth Level

VHS TAPES

A Matter of Trust - Walter Zetl, volume 1

A Matter of Trust - Walter Zettl, volume 2

A Matter of Trust - Walter Zettl, volume 3

A Matter of Trust - Walter Zettl, volume 4

Dressage Naturally - Karen Rohlf

***Dressage Symposium 1999 - Conrad Schumacher –
Demonstrating the Systematic Training of the Dressage Rider and Horse; part 1***

***Dressage Symposium 1999 - Conrad Schumacher –Demonstrating the Systematic Training
of the Dressage Rider and Horse; part 2***

Dressage to Music Finals, Los Angeles, 1995 Volvo World Cup

Every Time... Every Ride... (helmet safety)

The Half Halt Demystified - Jane Savoie Putting Your Horse on the Bit (tape 2)

Official U.S.D.F. Introduction to Dressage featuring Kathy Connelly (50 min.)

Ride With Your Mind - Mary Wanless – Introducing Tempo, Transitions and Lengthening (tape 4)

Training with Kyra Kyrklund #5 Advanced Movements Pirouette, Passage, Piaffe

1998 Volvo World Cup Dressage, Goteberg Freestyles

The World Equestrian Games 2002, Jarez, Spain - Dressage Individual

The World Equestrian Games 2002, Jarez, Spain - Dressage Team

Ukrainian Warmblood Horses



2009
EASTERN DRESSAGE
SILVER CHAMPIONSHIPS

STARLIT FARMS,
RICHMOND ON.

SEPTEMBER 13

JUDGES
DON BARNES AND ELAINE POTTER

CONTACT LISE CLARK
613-838-3036

WWW.STARLITFARM.COM

QUALIFYING SCORES: Two scores from two different shows of at least 50%

Watch the CADORA Ontario website for the prizelist: <http://www.cadora.ca/Cadora-Ontario/>

Be There or Be Square